



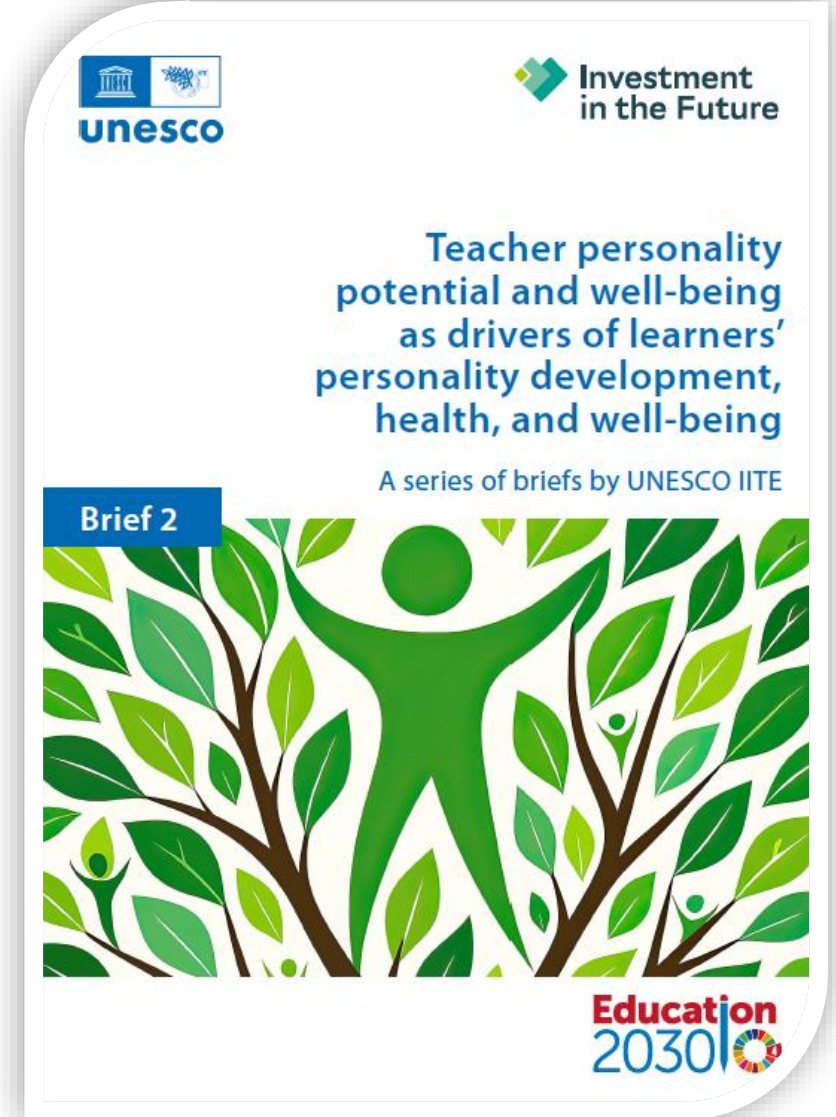
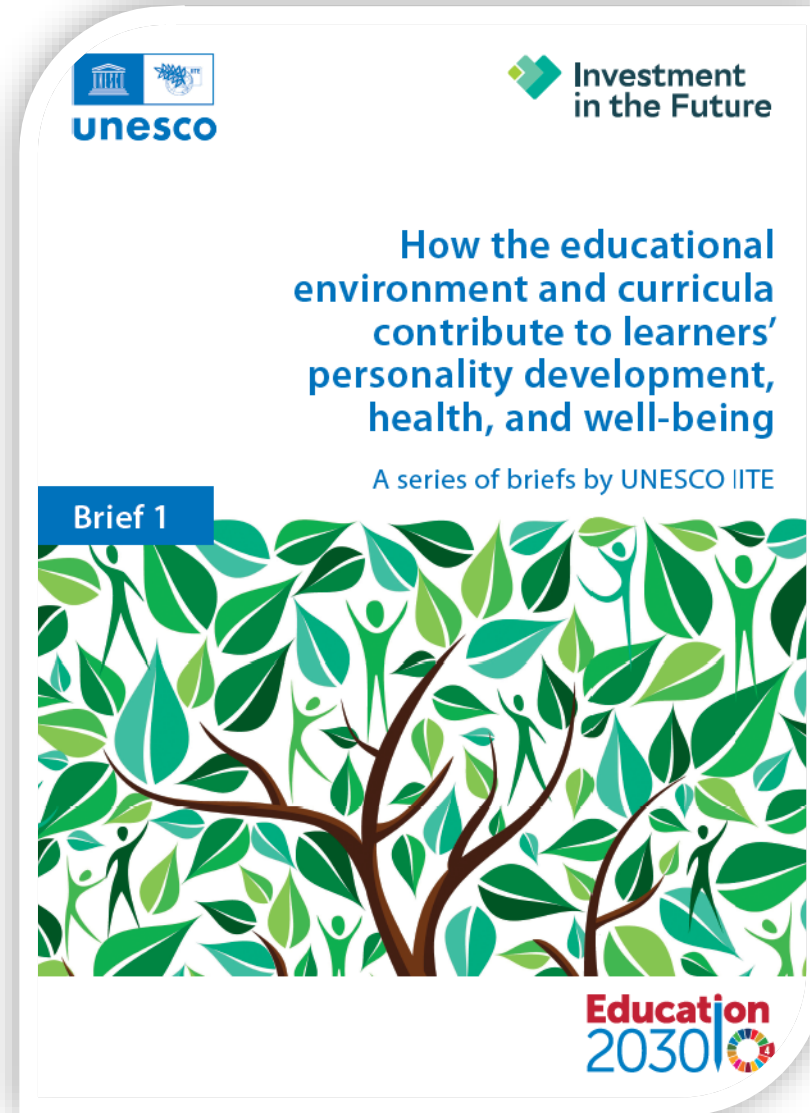
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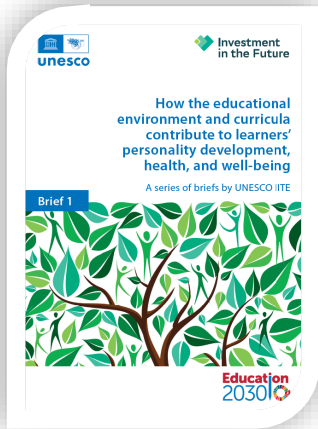


# Promoting health education in learning environment that supports personality development

**UNESCO IITE Briefs Series**  
In collaboration with the  
**Charitable Foundation**  
*Investment in the Future*



# Promoting health education in learning environment that supports personality development

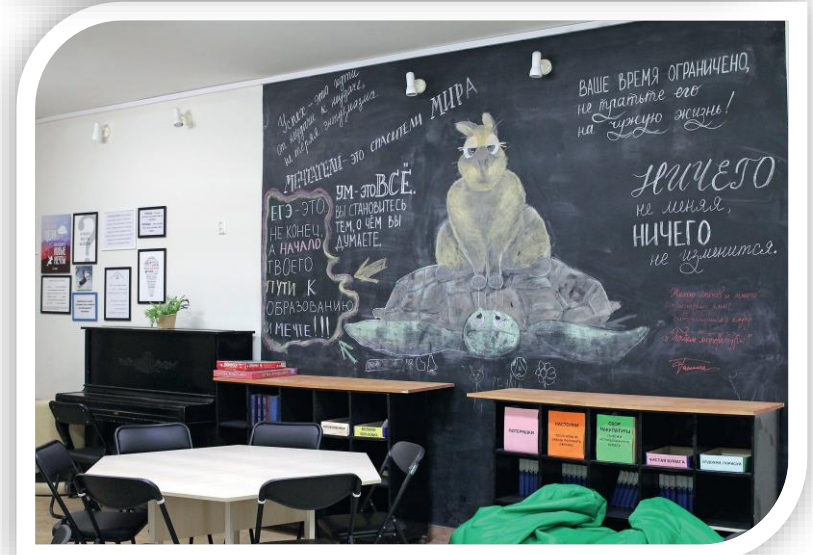
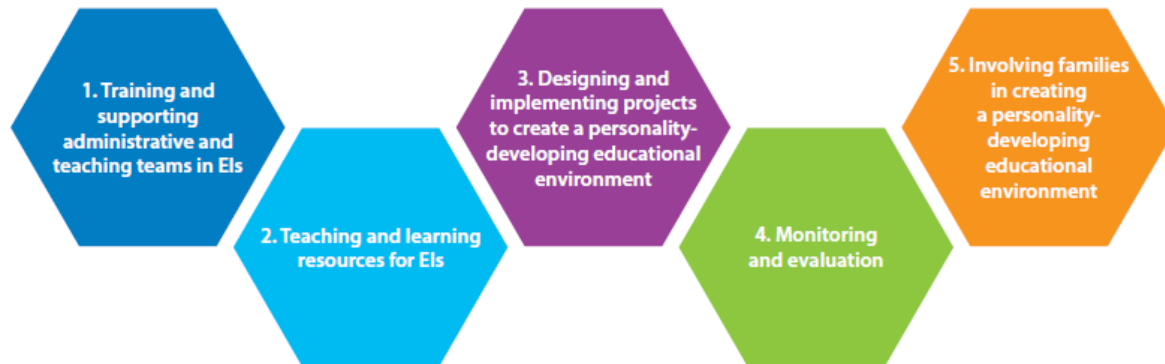


Case studies of programmes and practices that promote health, well-being, and the development of personality potential

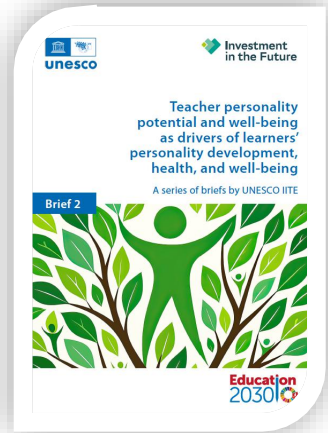
## Topics covered by health education programmes:

- Adolescence
- Friendship, love, healthy relationships, family
- Prevention of violence, bullying, and cyberbullying.
- Healthy nutrition, disease and substance abuse prevention

## Focus Areas of the Developing Environment Programme



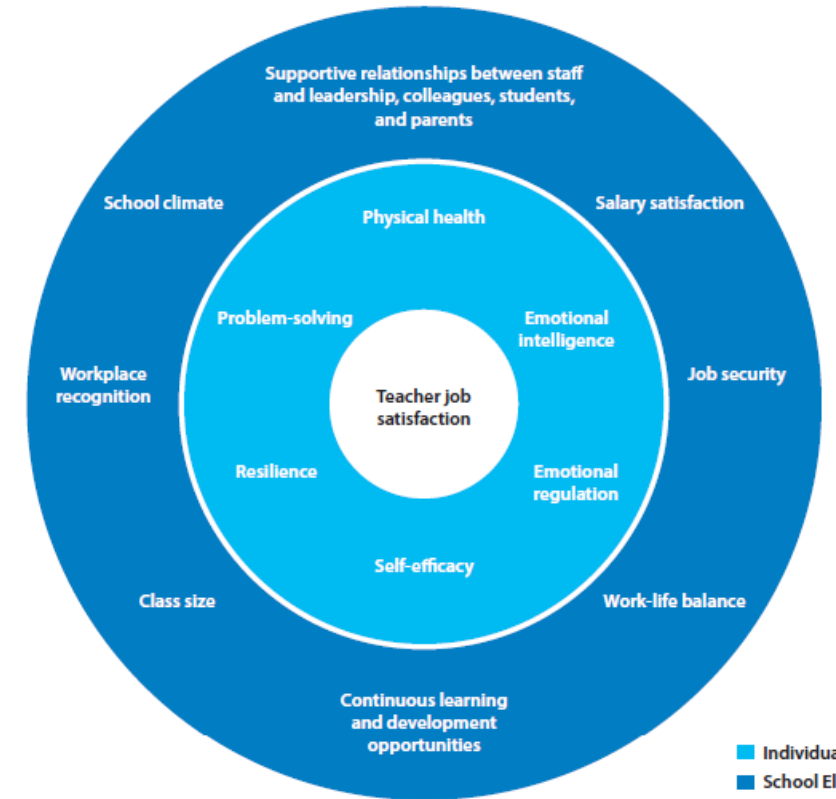
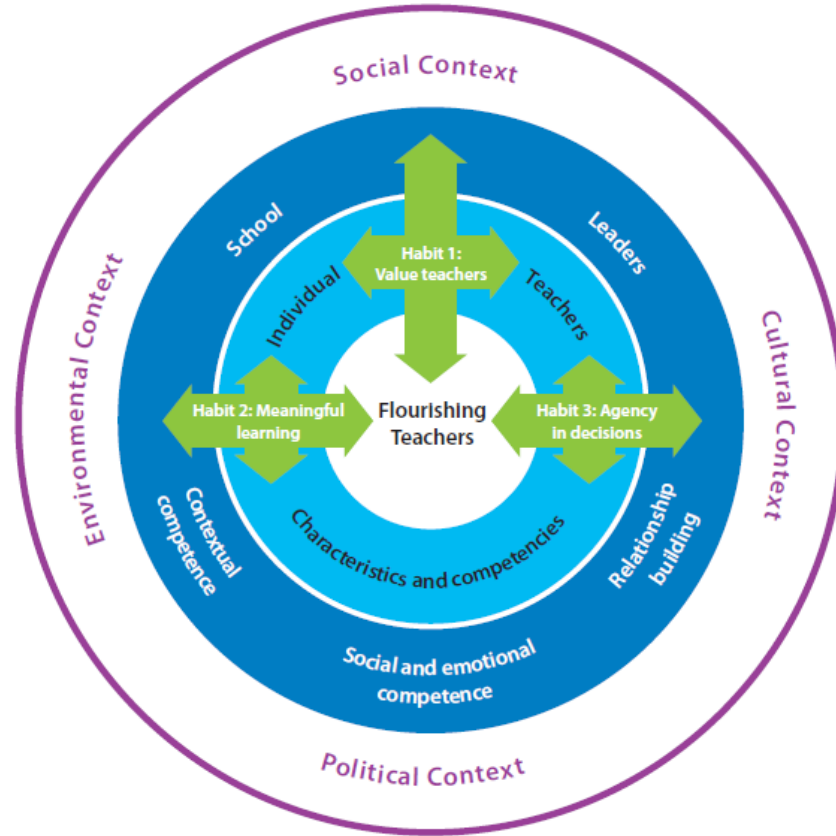
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## Teacher's Well-being

## The Teacher Well-being Framework: key individual and school drivers of teacher job satisfaction (Taylor et al., 2024)

A Model of Positive School Leadership to improve teacher well-being (Cann et al., 2021)



■ Individual Elements  
 ■ School Elements

## More briefs to follow



**How school can facilitate adolescents' personality development by supporting self-determination and decision-making skills**



**Interaction between educational institutions and parents: how to build bridges for mutual trust**



**Supporting educators' communities to foster learners' success and well-being in school**