

# NOTHING ABOUT THEM, WITHOUT THEM:

Children and Young People's Participation  
in Health Promotion

A GLOBAL COLLECTION OF CASE STUDIES



Didier Jourdan and the UNESCO Chair Global Health & Education's community

## Nothing About Them, Without Them: Children and Young People's Participation in Health Promotion

A Global Collection of Case Studies - Collaborative  
Insights and Critical Analysis

Discover a groundbreaking journey into youth empowerment with 43 inspiring case studies from 26 countries across every continent. This unique volume reveals how children and young people are actively shaping health promotion initiatives. Together, distinguished voices and emerging change makers offer a truly international and intergenerational dialogue on youth genuine participation in health promotion.

Featuring contributions from health and education professionals, activists, researchers, and young leaders themselves, this book challenges traditional power structures and advocates for real power-sharing.

Packed with practical tools, innovative strategies, and global perspectives from a dedicated youth editorial group, this essential guide equips policymakers, educators, and advocates to advance equity, social justice, and meaningful youth engagement.

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### Key words

Children, Community, Education, Health Promotion, Participation, School, Young People

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