

Intersectoral working in schools between education staff and primary healthcare professionals

Case study description

Title of the initiative / case study	"Educating for health, educating for life".
Country / Territory	Spain, Navarre, Municipalities of Zizur Mayor, Barañáin and Ermitagaña/Mendebaldea of the municipality of Pamplona.
Summary of the intersectoral initiative	<p>The initiative is undertaken as part of the annual school programme and as a child health promotion objective in each health centre. It is based on coordination between different agents: school, socio-health, families, technicians...</p> <p>The project "EDUCATE FOR HEALTH, EDUCATE FOR LIFE" involves the commitment of all the agents, consisting of:</p> <ol style="list-style-type: none"> On the part of the schools, in the carrying out different activities related to the promotion of health in health promotion in the classroom with a thematic focus. At the present time, "Grief in childhood". The elaboration with photographs in the classroom, editing and distribution to families of a calendar of these activities. On the part of the Parents' Associations, the organisation of and Mothers' Associations, the organisation of activities with families that have an impact on and reinforce the promotion of children's health. Other health promotion activities in health promotion activities in the territory in collaboration with entities that work with children and adolescents: exhibitions, workshops... in libraries, youth centres...
Focus of the initiative	Both mental health and physical health
Goal and objectives Overall goals and specific objectives.	The aim of working on health and personal development in childhood is for girls and boys to

	<p>deploy the maximum resources and skills for better self-care and greater personal and social competence. This will have an impact, in the short and long term, both in the more restricted area of disease prevention and health risk behaviours (accidents, nutritional disorders, substance abuse, unwanted pregnancy...) and in the broader area of facing life and managing life situations of all kinds: peer and emotional relationships, leisure, study, work, family, In short, the aim is to make a better, healthier and fuller life possible.</p> <p><u>GENERAL OBJECTIVES:</u></p> <ul style="list-style-type: none"> • Promote healthy environments that favour healthy lifestyles. • Encourage the involvement of the school environment in promoting the health of schoolchildren. • Make children and their families protagonists in their own promotion. • Consolidate the collaboration of the agents involved in each area: APYMA, school, health centre. • To share the educational experiences of health promotion that have been carried out in the different territories of the project in common support. <p><u>SPECIFIC OBJECTIVES:</u></p> <p>IN RELATION TO CHILDHOOD GRIEF:</p> <ul style="list-style-type: none"> • Knowing what grief is and its manifestations in children through training of the agents involved. • To have guidelines on how to deal with the subject of death with children in the family and educational environment by reviewing existing protocols and developing one of their own. • To provide resources and activities to work on the topic in classrooms and other school other spaces in schools <p>IN RELATION TO THE GENDER PERSPECTIVE, EQUALITY AND INTERCULTURALITY</p> <ul style="list-style-type: none"> • Care for educational materials: Inclusive language and equal representation of representation of boys and girls in them. • Reflect the different cultural and ethnic realities present in classrooms in the images of calendars and material used. • Encourage the use of Basque in the materials used in the project.
School setting	3-12

- Age group of students covered (0-18)	
- Number of students in the school	2398
- Public (<i>no fees</i>) or Private (<i>pay fees</i>)?	Public
- Location	Urban
- Socioeconomic environment	All types
<p>Description of the initiative</p> <ul style="list-style-type: none"> - What was the driver to start the initiative? <i>Was it the pandemic, or something else?</i> - From when to when did the initiative take place? <i>Does it continue now?</i> - Did it get funding? How was it funded? - What type of activities took place <i>e.g. health professionals seeing students or staff for consultations, health professionals training education staff, teachers training health professionals?</i> 	<p>It is a community health promotion project in which three health centres, six public schools and the parents' associations of these schools collaborate. It has been running for 13 years and is subsidised by the Public Health and Labour Institute of Navarra through an annual grant.</p> <p>The initiative arose as a result of the social health work professionals who detected the need to work on the promotion of children's health by promoting healthy lifestyles. They problems of obesity, sedentary lifestyles, difficulties in interpersonal interpersonal relationships, etc. The school community (schools and families), at that moment, is receptive and it is decided to start a collaboration to give preventive answers to what is detected in the classrooms, homes and health centre consultations.</p> <p>ACTIVITIES</p> <ul style="list-style-type: none"> • Development of materials that can be used to work on different topics with children: conflict resolution panels, conflict recognition, conflict resolution, recognition of emotions, illustrated illustrated stories to work on Kamishibai; the food pyramid • Annual calendar that each family receives which includes 12 slogans related to health promotion: varied food, coeducation, emotional education, rest, hand hygiene, sustainability, coexistence, physical exercise, etc. • Training actions aimed at parents • Videos
<p>Partners</p> <ul style="list-style-type: none"> - Who are the partners involved? - Who are the education professionals involved in the initiative? - Who are the health professionals involved in the initiative? - Where are the health professionals 	<ul style="list-style-type: none"> • Camino de Santiago public school. Zizur Mayor. Management and teaching staff • Catalina de Foix Public School. Zizur Mayor. Address and teaching staff • Erreniega public school. Zizur Mayor • Los Sauces Public School. Barañain. Management and teaching staff • Eulza public school. Barañain. Address and teaching staff

<p>located? (e.g. In the school, in the community?)</p> <ul style="list-style-type: none"> - At what stage/s did intersectoral work happen (eg conceptualization, co-design, implementation or evaluation)? 	<ul style="list-style-type: none"> • Ermitagaña Public School. Pamplona. Management and teaching staff • Parents' Associations of all the schools involved. Management and associated parents. • Zizur Mayor Health Centre. Social Work Coordinator • Barañain I Health Centre. Coordinates Social Work • Barañain II Health Centre. Social Work Coordinator • Ermitagaña Health Centre. Social Work Coordinator
<p>Results of the initiative</p> <ul style="list-style-type: none"> - What were the deliverables? - Can you give some examples of actions resulting from the initiative? - What do you think was the impact of the initiative, if any? 	<p>The calendars are well accepted by both schools and families.</p> <p>The themes proposed in relation to health promotion are worked on on a monthly basis.</p> <p>For the year 2023 the proposals to work on Bereavement are as follows:</p> <ul style="list-style-type: none"> • A joint training course with the agents involved in order to draw up an action protocol on bereavement. • A joint training course with the agents involved in order to create an action protocol on bereavement. • Planting a tree symbolising loss with space in the school playground for pupils to hang messages and drawings where they can express their feelings.
<p>Evaluation of the initiative</p> <ul style="list-style-type: none"> - Was the initiative evaluated? If Yes - How, and by whom? - Name two things that went well. - Name two things that could be improved. - What were the main <u>barriers</u> to intersectoral working? - What were the main <u>facilitators</u> for intersectoral working? - What advice would you give to others who would like to do a similar initiative? 	<p>Internal evaluation surveys completed by the participants.</p> <p>Report that is submitted for evaluation to the Institute of Public and Labour Health, which subsidises the project presented annually by all participants.</p> <p>Dynamisation of the project by a driving group in which all parties are represented.</p> <p>Two annual meetings of all participants.</p> <p>Sharing activities and experiences enriches everyone.</p> <p>Joining efforts in the elaboration of materials is more efficient as the results are multiplied.</p>
<p>Additional information if available:</p> <ul style="list-style-type: none"> - Links to relevant websites - Link to / title of relevant articles - Other relevant resources 	

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<https://consent.youtube.com/m?continue=https://www.youtube.com/watch%3Fv%3D8r2V8qYJWjl%26cbrd%3D1&gl=ES&m=0&pc=yt&cm=2&hl=es&src=1>

<https://lossauces-sahats.educacion.navarra.es/web/blog/2020/02/19/proyecto-educar-para-lasalud-educar-para-la-vida/>

<https://cpermitagana.educacion.navarra.es/web1/blog/educar-para-la-salud-educar-para-la-vida/>