



# Youth and Environmental Health

Uniting for Change: CLIMATE RELATIONS

Like climate change, our health is **Non-Negotiable!**







# About Me

- I was born in Barbados –
- I am a UNICEF Youth Advocate –
- Former Miss Teen & Miss World Barbados –
- Executive Director of the –
- Ashley Lashley Foundation
- Founder of the Healthy & Environmentally –
- Friendly Youth (HEY) Campaign



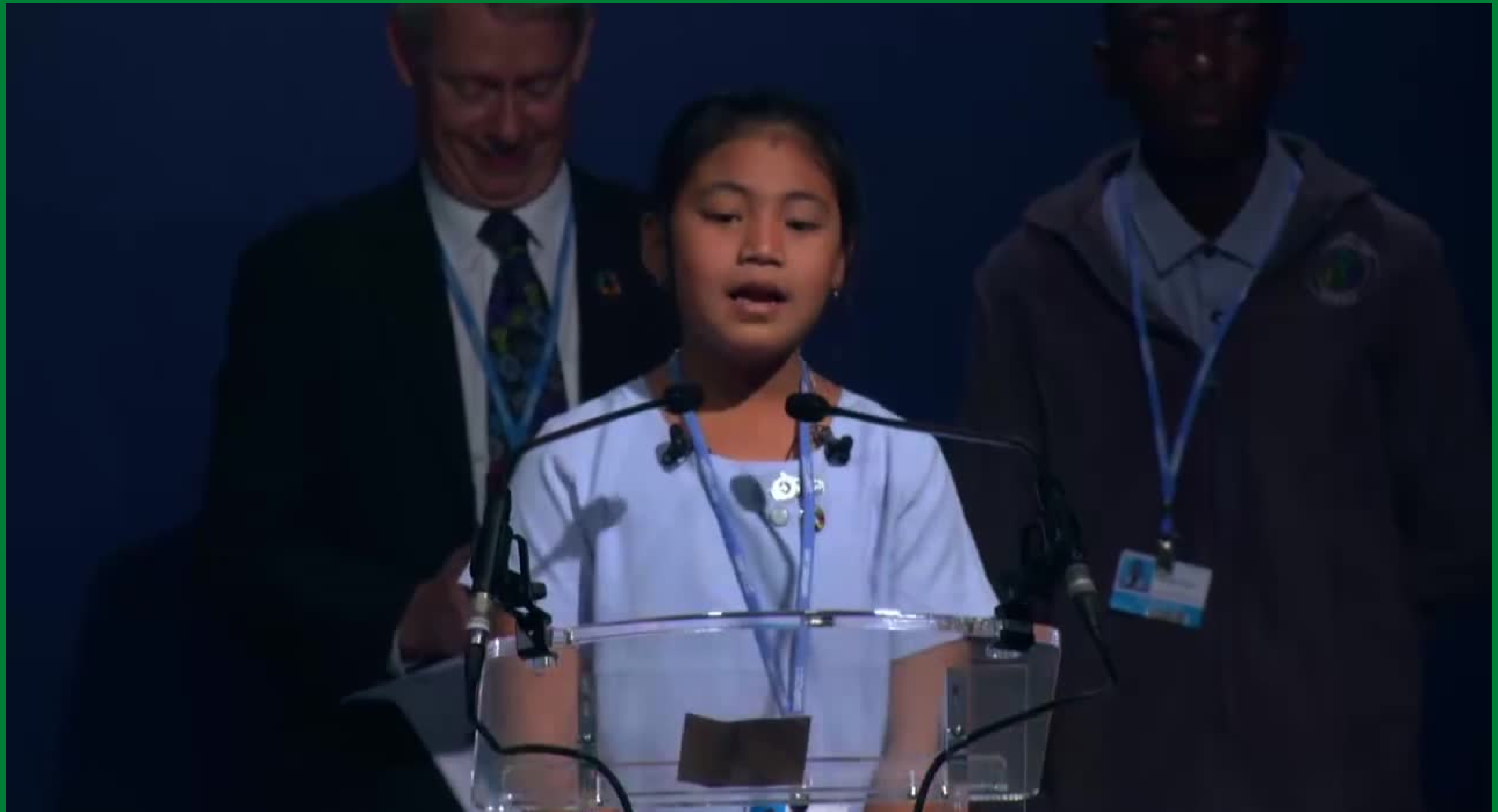




# What does the future hold for us?

Climate change and health are interlinked!









# The Short & Long Term Impacts

## Examples of current trends:

- Increasing occurrence of respiratory and cardiovascular diseases (mainly as a result of air pollution);
- Changes in the geographical distribution, prevalence, and quality of water and food supplies;
- Increasing incidences of injuries and premature deaths (due to extreme weather events);
- Threats to mental health.





# WHAT IS THE HEY CAMPAIGN?





# OUR KEY ACTIVITIES

THE HEY  
CAPACITY  
BUILDING

THE HEY  
CLIMATE  
FUND

THE HEY  
GLOBAL  
YOUTH  
NETWORK  
SUMMIT

THE HEY  
RESEARCH  
AND DATA  
HUB

# The Healthy and Environmentally-Friendly Youth (HEY) Campaign

Let's trail hands together for a healthier future.

- A youth-led campaign on climate change and health
- Globally represented in 6 regions - Asia, Africa, North America, Latin America, Europe, Caribbean
- Network of over 100 HEY Ambassadors
- Linked to the SDG'S Number 3, 10 and 13
- on Good Health and Well Being, Reduced Inequalities & Climate Action.

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**f & in The HEY Campaign**





# Building the capacity of our children and young people

## Through HEY

- Our youth are trained on Climate change and health; youth-led action; climate change and gender; air pollution; data and research collection; policy and more.



# The HEY Campaign Capacity Building Sessions



# The HEY Climate Fund

Reimagine and redefine climate finance in an inter-generational context:

Started in 2022 - Grant Fund with access to \$5000 USD

Supported 3 young persons from Barbados, the Philippines  
and Guatemala

2023

We will award three (3) projects on Food Security;  
Solid Waste Management; Climate change and Health; Water Resource  
Management  
to the tune of \$2500 USD

Call for applications will be released before July



# **The HEY Campaign**

## **Research on Climate change and Its impact on Women and Children Mental Health**

- 95 persons from across 10 Small Island Developing States
- 97% of persons do perceive climate change to be real with many expressing negative impacts from climate change.
- Over 50% of individuals between the ages of 13 to 17 years old, noted that they have experienced anxiety, depression, grief and learning losses as a result of climate change.
- 20% of women noted that they have experienced anxiety, depression and post-traumatic stress as a result of climate change.



# We All Have A Role To Play!

More climate activists needed to address the intersection of climate change and its impacts on health.





**YOUTH TESTIMONIAL  
BY HEY FOCAL POINT  
NAOMI CAMBRIDGE**



CLIMATE CHANGE IS AN  
ECONOMIC, PUBLIC HEALTH  
AND ENVIRONMENTAL ISSUE  
THAT WE HAVE A MORAL  
RESPONSIBILITY TO ADDRESS.

#WEAREHEY



**Q&A**