



INNOVATE OR STAGNATE!!

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01

SETTING THE SCENE

The burden and existing solutions

02

INNOVATE

Task-sharing to increase access to care

03

CRYSTAL BALL GAZING

The way forward

AGENDA





SIZE OF THE PROBLEM

BURDEN

418 million DALYs
16% of global DALYs

COSTS

USD 5 trillion

COSTS

4% of GDP in Eastern sub-Saharan
Africa
8% GDP in High-income North
America



SOCIAL DETERMINANTS



WORK

Unemployment, precarious employment, poor working conditions



POVERTY

Low income, food insecurity



DISCRIMINATION

Race/ethnicity, immigrant status, sexual orientation



RELATIONSHIPS

Abuse, violence, lack of belongingness



COMMUNITY

Urbanisation, neighbourhood safety, community violence



EXISTING MODELS

WHO, WHERE, WHAT

LIMITATIONS

Poor accessibility, Inadequate human resource, Expensive





CARE GAP

ONE IN TEN!!





TASK SHARING



RATIONAL REDISTRIBUTION OF TASKS

Effective, inexpensive, scalable,
contextually appropriate, less stigmatising

CONDITIONS

- **CMD**
- **DEPRESSION**
- **ALCOHOL ABUSE**
- **DEPRESSION IN ELDERLY**
- **MATERNAL DEPRESSION**
- **AUTISM**
- **DEMENTIA CAREGIVERS**
- **SCHIZOPHRENIA**





WHO ARE THESE PEOPLE

NO PREVIOUS HEALTHCARE TRAINING OR EXPERIENCE



SHORT TRAINING

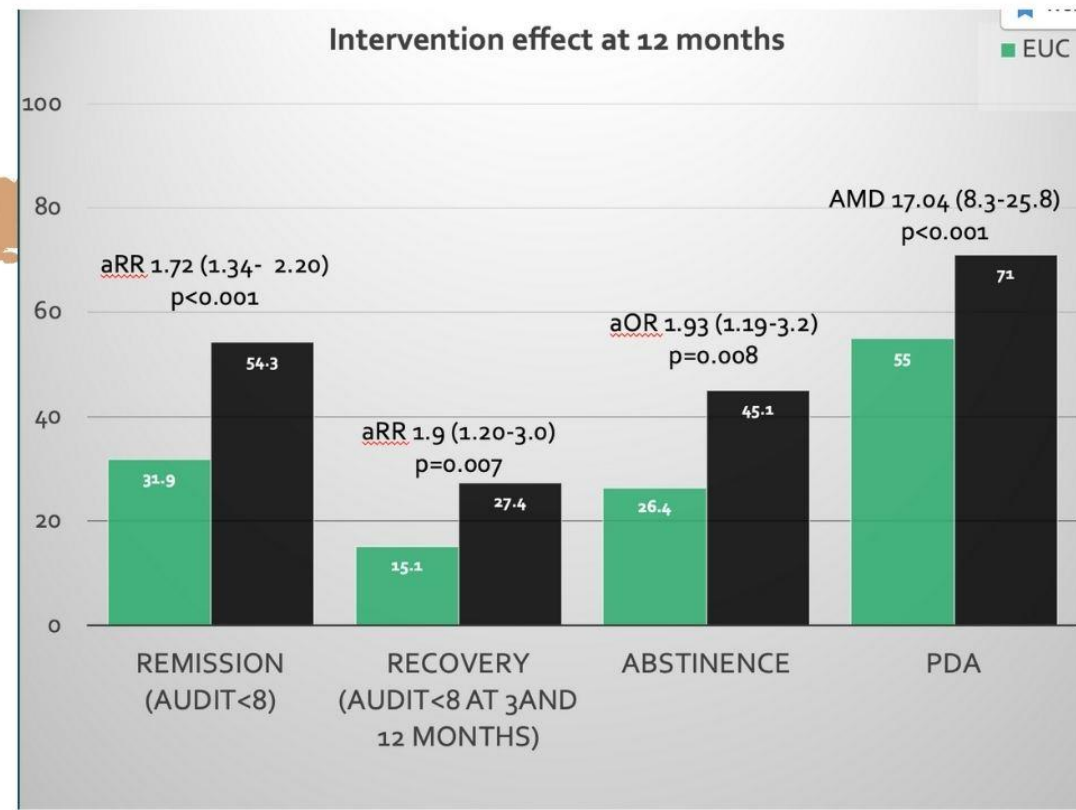


RIGOROUS SUPERVISION





OUTCOMES





SUNDAR



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<https://www.centreforglobalmentalhealth.org/>



<https://sangath.in/>

