

22nd

International Association for Adolescent Health (IAAH) European Regional Conference

Joint Event:

15th STATE OF THE ART Panhellenic
Adolescent Health / Medicine
Congress

Youth Development
Challenges in the post-
COVID-19 era

National & Kapodistrian
University of Athens
Athens, Greece October
5th-7th, 2022



Virtual attendance will be available

Earn up to 19 CME-CPD credits



Programme

ORGANISERS:



GREEK
SOCIETY
FOR
ADOLESCENT
MEDICINE



www.IAAH-Athens2022.gr

SCIENTIFIC CO-ORGANISERS



Strategies of
Developmental
and Adolescent
Health



HELLENIC REPUBLIC
National and Kapodistrian
University of Athens
MEDICAL SCHOOL



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HACKING HATE





www.IAAH-Athens2022.gr



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UNDER THE AUSPICES:

HELLENIC
REPUBLIC
MINISTRY
OF MIGRATION
& ASYLUM

HELLENIC
REPUBLIC
MINISTRY
OF HEALTH



HELLENIC REPUBLIC
REGION OF ATTICA



ATHENS
MEDICAL
ASSOCIATION



NATIONAL AND KAPODISTRIAN
UNIVERSITY OF ATHENS
Second Department of Pediatrics



Chair: Professor Maria Tsolia



Greek College of
General Practition-
ers (GCGP)



ΕΛΛΗΝΙΚΗ
ΕΤΑΙΡΕΙΑ
ΠΑΙΔΙΚΗΣ
& ΕΦΗΒΙΚΗΣ
ΠΑΧΥΣΑΡΚΙΑΣ



HELLENIC
SOCIETY
OF PEDIATRIC
& ADOLESCENT
OBESITY



ΕΝΕ
ΕΝΩΣΗ ΝΟΣΗΛΕΥΤΩΝ ΕΛΛΑΔΟΣ

HELLENIC REGULATORY BODY OF NURSES (HRBN)



Pan-Hellenic
Federation
of Freelance
Pediatricians

karkinaki
Awareness for childhood and adolescent cancer



ΕΠΕ
HELLENIC
PSYCHIATRIC
ASSOCIATION

kmop
KINDLING A BETTER WORLD

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Welcome address

Dear Colleagues,

The 22nd International Association for Adolescent Health (IAAH) European Regional Conference will be held in Athens, Greece on October 5th-7th, 2022. It is locally organized by the Greek/Hellenic Society for Adolescent Medicine (GSAM) and mainly focuses on youth development during and after the COVID-19 pandemic.

The impact of COVID-19 pandemic on youth physical and mental health, education, development and overall well-being may raise dilemmas in the management and the control of immediate or long-term consequences. Action through multidisciplinary approaches is required and knowledge of physical and psychosocial aspects, as well as possible aetiological factors, burden of co-morbidities, prevention and treatment options, as well as counselling and support strategies are prerequisites for every effort of controlling the situation and will constitute the main core of the scientific programme. Formal and non-formal education, youth-friendly services and safe digital spaces that help young people make healthier choices and develop healthy relationships, are also a topic of great interest in this conference.

An update on other important Adolescent Medicine topics, such as nutrition, vaccination, skin conditions, contraception, sports medicine, etc. will be presented.

Medical doctors of different specialties, other health professionals and specialists e.g., psychologists, social workers, educators, dieticians, physical fitness experts, etc. are welcome to participate and contribute to the works of the IAAH conference by exchanging experience and expertise, as well as difficulties encountered in different countries. Interactive workshops, symposia, round tables will take place and experts will present key topics in plenary sessions. Oral and poster presentations will highlight novel research ideas.

Youth participation during the conference will enrich discussions and debates.

Athens is a city of memorable beauty and great history, and this conference will give the opportunity to visit famous museums and monuments. The social programme will also be rich as at that time of the year the weather is ideal for exploring this fascinating city and having excursions to nearby historical destinations, such as Sounion, Delphi and Nafplion-Epidaurus!

We look forward to welcome you in Athens!

On behalf of the IAAH Committees

Presidents

Ass. Prof. Artemis Tsitsika, Greece

MD, PhD, GSAM President

Dr Nicola Gray, UK

IAAH Vice-President for Europe

Joint Event:

I5th STATE OF THE ART

Panhellenic Adolescent Health / Medicine Congress

The Annual “STATE OF THE ART” Congress of the Greek/Hellenic Society for Adolescent Medicine will take place on the same dates as the 22nd International Association for Adolescent Health (IAAH) European Regional Conference.

We will discuss major health topics in adolescent health for Greece and beyond, including the impact of COVID-19 on adolescent health, and the post-pandemic improvement of youth health care services.

Main Themes

Chronic Diseases
Developmental Health
Digital Literacy
Mental Health
Migration
Public Health
School Health

Please note that submissions related to other Adolescent Health topics will be accepted according to the instructions for abstracts (visit: www.IAAH-Athens2022.gr for more information).

IAAH 2022 Committees

A. Local Honorary Committee

Ch. Bakoula
G. Chrousos
G. Creatsas
E. Deligeoroglou
A.M. Dimopoulos
D. Kafetzis
E. Kanavakis
A. Kokkevi
N. Koulouris
C. Papageorgiou
E. Pikoulis
N. Stefanis
M. Theodoridou
I. Tsiantis

B. Local Organising Committee & I5th STATE OF THE ART Congress

President:
A. Tsitsika
Vice Presidents:
F. Bacopoulou, A. Galli-Tsinopoulou
Secretaries Hon.:
S. Papadaku, N. Vlachos
Secretaries Gen.:
T. Psaltopoulou, N. Skenteris
Treasurer:
L. Markaki
Members:
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A. Thirios
E. Tzila

C. Scientific Committee

Presidents:
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Co-Presidents:
P.A. Michaud - Switzerland
T. Yepoyan - UNESCO
Secretaries Hon.:
V. Baltag - WHO
J. Breda - WHO
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S. Kosola - Finland
G. Lesco - Moldova
A. Mazur - Poland
M. Melkumova - Armenia
J. Merrick - Israel
H. Omar - USA
S. Stronski - Switzerland
R. Viner - UK



Youth Development Challenges in the post-COVID-19 era

SCIENTIFIC PROGRAMME

22nd IAAH European Regional Conference

Wednesday, October 5th, 2022

Pre-events - Workshops

Great Hall Main Hall

14:00-18:00

Workshop 1 - EuTEACH Training Workshop

Facilitator: **Helena Fonseca**

“COMMUNICATION SKILLS WITH YOUTH & ROLE PLAYS”

Speaker: **Eleni Panagouli**

Youth Council Participation:

Irene Solia, Giorgos Chardas

“Alkis Argyriadis” Amphitheatre/HALL A

14:00-17:30

Workshop 2 - EuTEACH Training Workshop

Facilitators: **Nicola Gray, Kirsten Arntz Boisen**

“CHRONIC CONDITIONS & TRANSITION SERVICES”

Speakers: **Maria Brenner, Siljia Kosola, Theodoros Sergentanis**

Youth Council Participation:

Myrsini Livanou, Panagiota Diamantopoulou, Ioannis Kapetanios

“Kostis Palamas” Hall/HALL B

14:00-17:30

Workshop 3 - UNESCO Training Workshop

Facilitators: **Vassiliki Boumba, Alexandra Ilieva, Yulia Plakhutina, Athanasios Thirios**

“DIGITAL TOOLS TO PROMOTE HEALTH AND EMPOWER YOUNG PEOPLE”

Speakers: **Makhabbat Boranbay, Maria Medvedchikova, Elina Turalyeva**

Youth Council Participation:

Alexia Papageorgiou-Karadima, Glauki Tsouflia, Adamantia Varsami, Mary Vidali

Venue TBA

14:00-17:30

Workshop 4- EuTEACH Training Workshop

Facilitator: **Emmanuelle Godeau, Susanne Stronski**

“SCHOOL ENVIRONMENT PROMOTING HEALTH”

Youth Council Participation:

Arkoudeas Petros, Christos Vrakas, George Vrakas, Tsioros Anastasios

Venue TBA

14:00-17:30

Workshop 5- EuTEACH Training Workshop

Facilitators: **Pierre-André Michaud, Nikos Karantaglis, Christina Plati**

“APPLYING AN ETHICAL FRAMEWORK AND ASSESSING ADOLESCENT’S AUTONOMOUS DECISION MAKING”

Youth Council Participation:

Vasilis Tsolos, Giannis Prassas, Giorgos Prassas, Marios Iatrou

Opening Ceremony

Great Hall / Main Hall

19:30-20:30

Opening Ceremony

Presenter: **Lina Drouga**, Journalist

Welcome Addresses:

- **Niki Kerameos**, Minister of Education, Ministry of Education and Religious Affairs
- **Zoe Rapti**, Deputy Minister of Health, YFS* Ambassador, Ministry of Health
- **Sofia Voultepsi**, Deputy Minister of Migration and Asylum in charge of Integration, Ministry of Migration
- **George Patoulis**, Governor of the Region of Attica, YFS* Ambassador
- **Dr Joao Breda**, Special Adviser, WHO Regional Office for Europe, Greece
- **Emmanouil Pikoulis**, Dean of School of Health Sciences, Professor & Chairman of the 3rd Department of Surgery, “Attikon” University General Hospital, School of Medicine, National and Kapodistrian University of Athens, European Jean Monnet Chair in Humanitarian medicine and response in action (2020-2023)
- **Nicola Gray**, IAAH Conference President
- **Artemis K. Tsitsika**, IAAH Conference President

Welcome Speech: “Youth Participation as the Basis for Building YFS*”

Speaker: **Nina Ferencic**

Voices of Youth:

Vasilis Garoufalakis, Mary Vidali, Anastasia Axtipi

Video by **Alexios Georgalis**

Great Hall / Main Hall

Music Concert

Students from the National Conservatoire

Thalassa Platia (Manos Hatzidakis)

Dimitris Stavropoulos

Poli Magiki (Manos Hatzidakis)

Mirtianna Simseridou

Tonight (West Side Story - Leonard Bernstein)

Mirtianna Simseridou, Dimitris Stavropoulos

All I ask of you (The Phantom of the Opera - Andrew Lloyd Weber)

Mirtianna Simseridou, Dimitris Stavropoulos

La vita e bella (La vita e bella - Nicola Piovani)

Mirtianna Simseridou, Dimitris Stavropoulos

Teaching: Maria Kokka

“Kostis Palamas” Hall

20:30-21:30

Welcome Reception

Kaiti Koullia, Peggy Zarrou, Costas Bilisis

A special musical journey with favorite songs by well-known Greek composers (M. Hatzidakis, M. Theodorakis, V. Tsitsanis) as well as well-known hits from the international repertoire

Thursday, October 6th, 2022

22nd IAAH European Regional Conference

Great Hall / Main Hall

09:00-10:00

Plenary Lecture 1

- Global Summit on Adolescent Wellbeing 2023

Jonathan Klein

- Adolescent Health: What we Know and What to Expect...

Russell Viner

Chairs: **Nicola Gray, Artemis K. Tsitsika**

Youth Council Participation:

Panagiota Diamantopoulou, Petros Arkoudeas

10:00-10:30

Coffee Break

10:30-12:30

Symposium 1 “Migrant and Refugee Adolescents: How Do We Respond?”

Chairs: **Pierre-André Michaud, Emmanouil Pikoulis**

Speakers:

- Overview of adolescent migration flow in Europe

Heracles Moskoff

- How do we respond to the health care needs of migrant and refugee adolescents?

Elena Riza

- Improving the resilience for and with refugee adolescents: Experiences from the Balkans, Italy and Africa

Alexios Georgalis, Robert Thomson

Youth Council Participation:

Vasia Daniil, Nefeli Griva

12:30-13:00

Lecture 1

Why Do Adolescents Die? Main Causes of Youth Death and Ways to Prevent

Donald E. Greydanus

Chairs: **Pagona Lagiou, Chara Spiliopoulou**

Youth Council Participation:

Paris Kostoulas, Ioannis Papadakis, Evanthia Noutsopoulou



Youth Development Challenges in the post-COVID-19 era

Great Hall / Main Hall

13:00-13:30	Lecture 2 HPV Prevention Worldwide Theodoros Agorastos Chairs: Efthymios Deligeoroglou, Maria Tsolia Youth Council Participation: Myrsini Livanou, Nefeli Griva, Christos Giannakas, Lydia Kokkinidou
13:30-15:00	Lunch Break
15:00-16:00	Plenary Lecture 2 The Concurrent and Future Effects of COVID-19 Related Stress George P. Chrousos Chairs: Donald E. Greydanus, Charalampos Papageorgiou Youth Council Participation: Irene Solia, Lydia Kokkinidou
16:00-18:00	Symposium 2 “Chronic Conditions in Adolescence: Recent Advances in Management and Health Care” Chairs: George Mastorakos, Kyriaki Karavanaki Speakers: • Novel Therapies for Adolescent Chronic Disease Flora Bacopoulou • Holistic health care - meeting all needs Maria Brenner • Transition Services: challenges and gained experience Kirsten Arntz Boisen Youth Council Participation: Myrsini Livanou, Ioannis Kapetanios
18:00-19:00	Oral Presentations 1 Chairs: George Vartzelis, Clive Richardson

“Alkis Argyriadis” Amphitheatre/HALL A

10:30-11:30	Oral Presentations 2 Chairs: Vassiliki Benetou, Iordanis Mourouzis
11:30-12:00	Lecture 3 War Crisis in Ukraine and Public Health Concerns Theodora Psaltopoulou Chairs: Nikolaos Skenteris, Theodoros Dardavesis Youth Council Participation: Evmorfia Pechlivanidou, Evangelinos Michelis Comment: Vassiliki Boumba

12:00-13:30

Round Table 1 “Specific Health Problems in Adolescence”

Chairs: **Christos Lionis, Christina Kanaka Gantenbein**

Speakers:

- Substance abuse epidemiology - the HSBC study

Anna Kokkevi

- HIV infection and hepatitis viruses in youth

Dimitris Paraskevis

- Acne and dermatological concerns – psychodermatology

Athanasios Tsaraklis

- Adolescent Gynecomastia

Elpis Vlachopapadopoulou

13:30-15:00

Youth Council Participation:

Irene Solia, Panagiota Diamantopoulou, Nefeli Griva

EUPHA Round Table “Adolescents Avoiding Public Toilets (Use):

A Universal Public Health Problem, Still Unrecognized and Rarely Discussed”

- What does popular culture tell us about toilets? An old problem that requires new look

Michal Molcho

- A pediatrician’s view on the seriousness and consequences of perceived unsafe and uncomfortable public toilets

Danielle Jansen

- Hear me now, a child and adolescent perspective on the usage of school toilet facilities

Emmanuelle Godeau

- How do you imagine toilets that makes you feel comfortable and safe?

Lourdes Cantarero Arevalo

Interactive discussion and sharing experiences (with the audience)

16:00-18:00

Round Table 2 “Primary Health Care Concerning Youth” Chairs: **Joao Breda, Anastasios Hatzis**

- Developing Youth Friendly Services in the Community

Valentina Baltag

- Primary Health Care Guidelines for professionals

Joao Breda

- Community Based Health Programs

Artemis K. Tsitsika

Youth Council Participation:

Vasilis Tsolos, Vasilis Garoufalakis, Mary Vidali, Panagiota Diamantopoulou



Youth Development Challenges in the post-COVID-19 era

18:00-19:00

E-Poster Presentations 1

Chairs: **Maria Koukouvitaki, Androniki Stavridou**

15th STATE OF THE ART Adolescent Health/Congress **Greek Society of Adolescent Medicine (G.S.A.M.)**

“Kostis Palamas” Hall/HALL B

08:30-10:30

E-Poster Presentations 2

Chairs: **Melis Pehlivanurk Kisilkan, Melpomeni Peppa**

10:30-12:00

Symposium 3 “Schooling, Health/Sexuality Education and Covid-19: Lessons Learned and Ways Forward”

Chairs: **Tigran Yepoyan, Didier Jourdan**

- Learning Experience of students during the pandemic from their perspective
Claudine Kirsch
- Health/sexuality education and sexual and reproductive health service during and after the pandemic

Eleni Panagouli

- Impact of school closures on learners physical and mental health

Eileen Scott

Youth Council Participation:

Vasilis T solos, Vasilis Garoufalakis, George Chardas, Marina Pikoula, Alexandros Dimitris Tsaraklis, Christos Kalogirou

12:00-13:30

Round Table 3

“School Nursing Creating and Promoting a Healthy School Environment”

Chairs: **Vassiliki Louvari, Tzannis Polykandriotis**

Speakers:

- Learning method of childhood diabetes through electronic devices

Constantia Kotsani

- Evaluation of pupils’ knowledge on kidneys health

Theodoros Vassilikopoulos

- The management of epilepsy in schools: The role of school nurses in delivering knowledge to students and school staff—teaching first aid procedures for epileptic seizures

Theodoros Koutsoupis

- Teaching First Aid program in primary schools: The School health project experience

Tzannis Polykandriotis

- Health promotion in schools: An olistic innovative strategy in primary schools

Sofia Psarouli

Youth Council Participation: Evangelinos Michelis, Giannis Prassas, Giorgos Prassas, Marios Iatrou

13:30-15:00

Lunch Break

16:00-17:00

Sponsored Session

17:00-18:00

Round Table 4

Chairs: Evangelia Charmandari, Panagiotis Papagelopoulos

Speakers:

Behavioral Aspects of Sports Medicine

Donald E. Greydanus

Exercise prescription as a tool for the management of adolescent obesity

Helena Fonseca

Youth Council Participation:

Vasilis T solos, George Chardas, Evmorfia Pehlivanidi, Christos Vrakas

18:00-19:30

Oral Presentations 3

Chairs: Eleftheria Roma, Panagiotis Behrakis



Youth Development Challenges in the post-COVID-19 era

Friday, October 7th, 2022

22nd IAAH European Regional Conference

Great Hall / Main Hall

08:00-09:00	E-Poster Presentations 3 Chairs: Danielle Jansen, Siljia Kosola
09:00-10:00	Plenary Lecture 3 School Health During the Pandemics and the Role of WHO Martin Weber Chairs: Agis Tsouros, Valentina Baltag Youth Council Participation: Vasilis T solos, Vasilis Garoufalakis, George Chardas, Marina Pikoula, George Vrakas
10:00-10:30	Coffee Break
10:30-12:30	Symposium 4 “Mental Health Issues in the Post COVID-19 Era” Chairs: Nina Ferencic, Nikos Stefanis Speakers: • Self-harm and suicidal behavior: clinical approach & responses Pierre-André Michaud • Anxiety symptoms and somatization Alexandros Stamatios Antoniou • Youth participation as a way to improve mental health Galina Lesco Youth Council Participation: Vasilis T solos, Panagiota Diamantopoulou, Vasia Danihl, Mina Koutrouli, Lydia Kokkinidou
12:30-13:00	Lecture 5 Climate Change in the Globe: Long T erm Effects and Potential Solutions Theodoros Sargentanis Chairs: Nikos Thomaidis, Theodora Psaltopoulou Youth Council Participation: Vasilis T solos, Mary Vidali, Ioannis Papadakis, Evanthia Noutsopoulou
13:00-13:30	Sponsored Session

13:30-14:00	Scientific Society of Hellenic Medical Students Youth Initiative Behind the Scenes Panagiota Diamantopoulou Chairs: Gerasimos Siasos, Ipatia Doussis-Anagnostopoulou	
14:00-15:00	Lunch Break	
15:00-16:00	Plenary Lecture 4 Health Inequalities in a Time of Crisis Proessor Sir Michael Marmot, Didier Jourdan Chairs: Elpida Pavi, Dimitrios Boumpas Youth Council Participation: Myrsini Livanou, George Chardas, Mina Koutrouli	On-line presentation
16:00-18:00	Symposium 5 “Violence and Bullying: LGBTQI+ Youth in The Focus” Chairs: Tigran Yepoyan, Michael Meimaris Speakers: • Violence, bulling and cyberbullying: scope, impact and response Christophe Cornu • Understanding and inclusively responding to LGBTQI+ youth healthcare challenges Evika Karamagioli • Violence and bullying and LGBTQI+ youth Rubén Ávila Rodríguez • Medical practice with LGBTQ individuals: the approach of cultural humility Chrysoula Iliopoulou • Can art help reduce violence and bullying? Alexandra Ilieva Youth Council Participation: Ilias Tsigganos, Vasilis Garoufalakis, Ioannis Megas, Christos Giannakas, Mina Koutrouli, Sage Vekri	
18:00-19:00	Oral Presentations 4 Chairs: Efrosyni Tsekoura, Chara Tzavara “Alkis Argyriadis” Amphitheatre/HALL A	
10:00-11:30	Oral Presentations 5 Chairs: Athina Kalokairinou, Pilios Dimitrios Stavrou	
11:30-12:00	Lecture 6 The COVID-19 Virus Infection Health Burden & Future Patterns Gikas Magiorkinis Chairs: Theoklis Zaoutis, Russell Viner Youth Council Participation: Irene Solia, Myrsini Livanou	



Youth Development Challenges in the post-COVID-19 era

13:30-15:00

Round Table 4 “High Morbidity Conditions in Adolescence”

Chairs: Asimina Galli-Tsinopoulou, Emmanuel Roilides

Speakers:

- Eating Disorders
Asimina Galli-Tsinopoulou
- Youth with Cancer
Emmanouil Hatzipantelis
- Chronic abdominal pain
Dimitrios Filippou

Youth Council Participation:

Irene Solia, Alexia Papageorgiou Karadima, Ioannis Papadakis, Evanthia Noutsopoulou, Mina Koutrouli, Lydia Kokkinidou

13:30-15:00

Lunch Break

16:00-18:00

Round Table 5 “Sexual Development and Health”

Chairs: Nicolaos Vlahos, George Creatsas

Speakers:

- Contraception choices
Flora Bacopoulou
- Adolescent Pregnancy
Panagiotis Christopoulos
- Sexually transmitted diseases
Athanasios Tsaraklis

Youth Council Participation:

Giorgos Chardas, Vasia Daniil, Mina Koutrouli, Lydia Kokkinidou

18:00-19:00

E-Poster Presentations 4

Chairs: Spyros Michaleas, Anna Pardalis

15th STATE OF THE ART Adolescent Health/Congress Greek Society of Adolescent Medicine (G.S.A.M.)

“Kostis Palamas” Hall / HALL B

10:30-12:00	<p>Round Table 6 “Developmental Challenges” Chairs: Fotini Polychroni, Stavroula Papadakou</p> <p>Speakers:</p> <ul style="list-style-type: none"> • ADHD: interventions and career choices Emmanouel Tsalamaniotis • Autism spectrum disorders Lilian Athanasopoulou • Parenting needs for youth with developmental challenges Pinelopi Papadopoulou, Efthalia Tzila <p>Youth Council Participation: Aikaterini Anastasiou, Petros Arkoudeas</p>
12:00-13:30	<p>Round Table 7 “Public Health Interventions Aiming to Youth Wellness” Chairs: Anastasia Barbouni, Areti Lagiou</p> <p>Speakers:</p> <ul style="list-style-type: none"> • Participatory approach in school-based health promotion interventions Evanthia Sakellari • Vaccination coverage, according to the National Immunization Schedule, among undergraduate students Elisabeth Andrie • Borderline Personality Disorders in Adolescents and Young Adults Constantia Vavanou
13:30-15:00	Lunch Break
16:00-17:00	<p>Youth Debate Chairs: Athanasios Thirios, Myrsini Livanou, Irene Solia, Lydia Kokkinidou, Dimitris Kalogirou</p> <p>Is the Impact of Social Media on Teenagers Positive or Negative? Nefeli Papageorgiou – Karadima, Giannos Myridis</p>
17:00-17:30	<p>Lecture 7 Women Leadership and Barriers (Direct and Indirect) Matina Pagoni</p> <p>Chairs: Lilian Markaki, Christina Dalla Youth Council Participation: Irene Solia, Marina Pikoula, Vasia Danihl</p>

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17:30-18:00

Lecture 8

Young Women's Health: A Dedicated Setting in Cyprus

Michalis Kaelides

Chairs: Alberto Costa, Despoina Mylonaki

18:00-19:00

HACKA THON SELMA Annual Youth Contest
(Dedicated to climate change)

Chairs: Tonia Papatrifiantafyllou, Tenia Prokalamou

Video Presentation: Neurobiology of addiction

Argyro Parpalaki

Closing Ceremony - Awards

Great Hall / Main Hall

19:00-20:00

Closing Ceremony - Awards

- Konstantinos Daloukas
- Stavroula Papadakou
- Nikolaos Skenteris

Gala Dinner

21:00

Gala Dinner Vouliagmeni Nautical Club

Oral Presentations

Thursday, October 6th, 2022

22nd IAAH European Regional Conference

Great Hall / Main Hall

09:00-10:00

Oral Presentations 1

Chairs: George Vartzelis, Clive Richardson

- 1. Piloting a combined model of Socio-Emotional Learning and Peer Support against bullying in Greek Primary and Secondary Schools: The ENABLE Program**
Eleni Papamichalaki, Eleni Tzavela, Clive Richardson, Thomas Babalis, Theodora Psaltopoulou, Artemis Tsitsika
MSc in Strategies of Developmental and Adolescent Health, School of Medicine, National and Kapodistrian University of Athens
- 2. The effect of Covid-19 restrictions on the lives of children and youth with disabilities and their caregivers**
Alexandros Kolovakis, Eleni Panagoulis, Theodoros Sergentanis, Artemis Tsitsika
MSc Program "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens, Greece
- 3. Lower well-being in young people with physical-mental multimorbidity: a population-based study**
Ena Lindhart Thomsen¹, Kirsten Arntz Boisen², Sanne Ellegård Jørgensen³, Anette Andersen², Grete Teilmann⁵, Susan Ishøy Michelsen⁶
¹Department of Pediatrics and Adolescent Medicine, Copenhagen University Hospital, Denmark,
²Department of Pediatrics and Adolescent Medicine, Copenhagen University Hospital, Denmark,
³National Institute of Public Health, University of Southern Denmark, Denmark,
⁴Steno Diabetes Center Aarhus, Aarhus University Hospital, Denmark.
⁵Department for Children and Adolescents, Nordsjællands Hospital, Denmark,
⁶National Institute of Public Health, University of Southern Denmark, Denmark
- 4. Understanding health inequalities experienced by young people aged 10-25 in the UK context**
Rachael McKeown, Ann Hagell
Association for Young People's Health, Association for Young People's Health.



Youth Development Challenges in the post-COVID-19 era

Great Hall / Main Hall

5. Transition readiness among adolescents with a chronic condition and their parents: a cross- sectional international study

Anna Tornivuori¹, Mira Kallio², Evelyn Culnane³, Sanna Salanterä¹, Susan Sawyer³, Silja Kosola³

¹University of Turku,

²Pediatric Research Center, New Children's Hospital, Helsinki, Finland,

³Department of Adolescent Medicine, The Royal Children's Hospital Melbourne, Australia

6. Design strategies for the development of mHealth services in healthcare of adolescents with cancer

Amanta Karpathaki, Anna Sargianou

MSc in Strategies of Developmental and Adolescent Health, School of Medicine, National and Kapodistrian University of Athens

"Alkis Argyriadis" Amphitheatre/HALL A

10:30-11:30

Oral Presentations 2

Chairs: Vassiliki Benetou, Iordanis Mourouzis

1. School-Based Sex Education among Adolescents Worldwide: Interventions for the Prevention of Sexually Transmitted Infections and Unintended Pregnancies. A Systematic Review.

Alexandra Vaina¹ and Pantelis Perdikaris²

¹MSc National and Kapodistrian University of Athens, MSc Karolinska Institutet

²Department of Nursing, Faculty of Health Sciences, University of Peloponnese

2. COVID-19 pandemic effect on puberty timing: a systematic review

Serbis Anastasios,^{1,2} Christoforidis Athanasios,³ Ntzani Evangelia⁴, Galli-Tsinopoulou Assimina^{1,5}

¹Postgraduate Course on Adolescent Medicine and Adolescent Health Care, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

²Child Health Department, Faculty of Medicine, School of Health Sciences, University of Ioannina, Ioannina, Greece

³1st Department of Paediatrics, Ippokration General Hospital, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

⁴Department of Hygiene and Epidemiology, School of Medicine, University of Ioannina, Ioannina, Greece

⁵2nd Department of Paediatrics, AHEPA University General Hospital, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

"Alkis Argyriadis" Amphitheatre/HALL A

3. Strategies for enhancing the implementation of an Australian school-based mental health prevention program: Realist evaluation

Rachel Baffsky¹, Rebecca Ivers¹, Patricia Cullen¹, Michelle Torok².

¹University of New South Wales,

²Black Dog Institute

4. Evaluation Of The Effect Of Beverage Consumption On Serum N-Terminal Telopeptide And Osteocalcin in Adolescent Age Group

Eda Uluman, Alkim Öden Akman, Murat Kızılgün, Halil İbrahim Yakut .

Ankara City Hospital

5. Physical activity in adolescents with congenital bleeding diathesis

Anna Patsourou¹, Marina Economou¹, Ioannis Ghelsis¹, Emmanouil Hatzipantelis², Efthymios Samoladas³, Assimina Galli-Tsinopoulou²

¹1st Pediatric Department, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

²2nd Pediatric Department, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

³2nd Orthopedic Department, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

6. A novel approach in determining SUD status in an unlabeled dataset through cross-national comparison.

Nikolaos G. Angelopoulos

Center for Adolescent Medicine and UNESCO chair on Adolescent Health Care, First Department of Pediatrics, National and Kapodistrian University of Athens, Greece

"Kostis Palamas" Hall/HALL B

18:00-19:30

Oral Presentations 3

Chairs: Eleftheria Roma, Panagiotis Behrakis

1. Differences in the prevalence of obesity based on the criteria IOTF, WHO and CDC in the adolescent population of Northwestern Greece

Eleni M. Domouzoglou^{1,2}, Ekaterini Siomou¹, Evangelia Ntzani³, Flora Bacopoulou⁴, Assimina Galli-Tsinopoulou^{2,5}

¹Department of Pediatrics, Faculty of Medicine, University of Ioannina, Ioannina, Greece

²Postgraduate Program Adolescent Medicine & Adolescent Health Care, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki

³Clinical and Molecular Epidemiology Unit, Department of Hygiene and Epidemiology, School of Medicine, University of Ioannina, Ioannina, Greece

⁴Center for Adolescent Medicine and UNESCO Chair on Adolescent Health Care, First Department of Pediatrics, School of Medicine, National and Kapodistrian University of Athens, Aghia Sophia Children's Hospital, Athens, Greece

⁵2nd Department of Pediatrics, School of Medicine, Faculty of Health Sciences, Aristotle University Thessaloniki, Greece



Youth Development Challenges in the post-COVID-19 era

“Kostis Palamas” Hall/HALL B

2. Impact of Obesity and its associated comorbidities in children and adolescents in India

Anita Pal, JV Madhusudan
University of Hyderabad

3. Energy balance in Polycystic Ovary Syndrome

Styliani Geronikolou¹ and Flora Bacopoulou²

¹*Clinical, Translational and Experimental Surgery Research Centre, Biomedical Research Foundation of Academy of Athens, Greece*

²*Center for Adolescent Medicine and UNESCO Chair on Adolescent Health Care, First Department of Pediatrics, School of Medicine, National and Kapodistrian University of Athens “Aghia Sophia” Children’s Hospital, Athens, Greece*

4. The menstrual cycle and disorders of adolescents with congenital heart disease

Demet Aygun-Ari, Melis Pehlivanurk-Kizilkan, Aydin Adiguzel, İlker Ertugrul, Orhan Derman, Tevfik Karagoz, Sinem Akgul
Dr Sami Ulus Maternity and Children’s Education and Research Hospital, Hacettepe University

5. Compliance of type 1 Diabetes adolescents to international nutritional guidelines: a food-diary based study

Styliani Giza, Eleni Sakellari, Efthimia Efstratiou, Assimina Galli-Tsinopoulou
Unit of Diabetes Mellitus of Children and Adolescents, 2nd Department of Paediatrics, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, AHEPA University General Hospital, Thessaloniki, Greece

6. Thyroid dysfunction and possible liver injury association in a population of obese and severely obese children and adolescents

Sofia Leka-Emiri¹, Anastasia Konidari², Flora Tzifi², Kostas Mihas³, Eirini Dikaiakou¹, C.Evangelopoulou¹, M. Kafetzi⁴, Elpis Vlachopapadopoulou¹

¹ *Division of Endocrinology-Growth and Development, “P&A KYRIAKOU” Children’s Hospital,*

2nd Pediatric Department, “P&A KYRIAKOU” Children’s Hospital, Athens, Greece,

³*General Hospital of Kimi34003, Evia, Greece,*

⁴*Division of Biochemistry-Hormonology, “P&A KYRIAKOU” Children’s Hospital, Athens, Greece*

7. HEAVY MENSTRUAL BLEEDING IN ADOLESCENTS: A SINGLE-CENTER EXPERIENCE

Elif Tugce Aydin Goker, Fatma Gul Ersan, Melis Pehlivanurk Kizilkan, Sinem Akgul, Tekin Aksu, Selin Aytac, Orhan Derman, Ozlem Teksam
Hacettepe University Faculty of Medicine, Department of Pediatrics

“Kostis Palamas” Hall/HALL B

8. Disease control and psychiatric comorbidity among adolescents with chronic physical conditions

Mira Kallio¹, Anna Tornivuori¹, Päivi Miettinen¹, Kaija-Leena Kolho¹, Evelyn Culnane¹, Susan Sawyer¹, Silja Kosola²

¹ The Royal Children's Hospital, Melbourne

² Helsinki University Hospital and University of Helsinki.

Friday, October 7th, 2022

22nd IAAH European Regional Conference

Great Hall / Main Hall

18:00-19:00

Oral Presentations 4

Chairs: Efrosyni Tsekoura, Chara Tzavara

1. Learning Gaps and their multileveled consequences

Eleni Livaniou PhD

Department of Learning Difficulties, Special Diagnostic, Therapeutic and Research Unit 'Spyros Doxiadis' Greek Dyslexia Association and Member of the European Dyslexia Association

2. The perceptions of sexual harassment among adolescents

Evanthia Sakellari¹, Elina Kaitala², Mari Berglund², Claudia Mariana Juliao Bacatum³, Jose Edmundo Xavier Furtado Sousa³, Laura Kubiliute⁴, Areti Lagioui¹

1Department of Public and Community Health, Laboratory of Hygiene and Epidemiology, University of West Attica, Greece

2Faculty of Health and Well-being, Turku University of Applied Sciences, Finland.

3Nursing Research, Innovation and Development Centre of Lisbon, Nursing School of Lisbon, Portugal.

4Klaipeda City Public Health Bureau, Lithuania

3. Transition to adulthood: changes in education and employment during the transition of care

Silja Kosola¹, Evelyn Culnane², Anna Tornivuori¹, Mira Kallio¹, Susan Sawyer²

1Pediatric Research Center, New Children's Hospital and University of Helsinki, Finland

2Royal Children's Hospital, Melbourne, Australia



Youth Development Challenges in the post-COVID-19 era

Great Hall / Main Hall

4. The effectiveness of novel E-Health applications for the management of obesity in childhood and adolescence during the COVID-19 outbreak in Greece

Diamanto Koutaki, George Paltoglou, Penio Kassari, Eleni Ramouzi, Ioanna Bacopoulou,

Evangelia Charmandari

Division of Endocrinology, Metabolism and Diabetes, First Department of Pediatrics, National and Kapodistrian University of Athens Medical School, 'Aghia Sophia' Children's Hospital, Athens, 11527, Greece

5. Chronic conditions, subjective wellbeing and risky sexual behavior among adolescents.

Nour Ibrahim, Christine Hassler, Jean Bouyer, Alexandra Rouquette, Catherine Jousset, Hervé Lefèvre, Bruno Falissard, Caroline Barry

CESP, INSERM U1018

6. Experiences of professionals with student well-being during COVID-19 – Lessons learned for the post-pandemic period

Miranda Beck², Nicola Gray², Didier Jourdan², Catherine Chabot², Terje Andreas Eikemo¹

¹*Centre for Global Health Inequalities Research (CHAIN), Department of Sociology and Political Science, Norwegian University of Science and Technology (NTNU), Trondheim, Norway,*

²*UNESCO Chair 'Global Health and Education', University of Huddersfield, UK*

"Alkis Argyriadis" Amphitheatre/Hall A

10:30-11:30

Oral Presentations 5

Chairs: Athina Kalokairinou, Pilios Dimitrios

1. Has intimate partner violence increased during Covid times : A prevalence study in rural Karnataka, India

AISHWARYA

Karnataka Health Promotion Trust, Karnataka Health Promotion Trust

2. Resilience and loneliness of high school students in Greece

Filippos Papazis, Flora Bacopoulou

Center for Adolescent Medicine and UNESCO Chair in Adolescent Health Care, First Department of Pediatrics, School of Medicine, National and Kapodistrian University of Athens, Aghia Sophia Children's Hospital

3. Homophobic Violence in Greek Secondary Education during Covid-19 Pandemic: a teachers' perspective

Lydia Liodaki, George Koulterakis

Department of Public Health Policy, School of Public Health, University of West Attica

"Alkis Argyriadis" Amphitheatre/Hall A

4. Romantic relationships of adolescents and young people in Greece before, during and after the COVID-19 pandemic

Rafailia Matziouni

Medical School of Aristotle University of Thessaloniki

5. Improving adolescent health care in Armenia: a qualitative exploration of the opinion of primary care practitioners and adolescents.

Marina Melkumova¹, Yeva Movsesyan¹, Sergey Sargsyan¹, Vahe Krmoyan¹, Pierre-Andre Michaud².

¹*Arabkir Medical Centre- Institute of Child and Adolescent Health*

²*University of Lausanne,*

6. The Effect of Applying Life skills training program on Substance Abuse Behaviors of Male Preparatory Schools Students in Alexandria

Asmaa Mohammed Saad Khaled Asmaa Khaled, Faten Ezz El-Din Fikry Faten Fikry, Mahassen Ahmed Abdel-wahed Mahassen Abdel-wahed, Hanan Hosni Elsherbini Hanan Elsherbini.

Alexandria University, Alexandria university, Alexandria Univesity, Alexandria University.

7. Psychosocial Functioning of Primary Immune Deficient Adolescents During COVID-19 Pandemic

Ayşe Gül Güven¹, Saliha Esenboğa¹, Cihan Aslan¹, Erdem Karabulut¹, Melis Pehlivan Türk Kızılkın¹, Sinem Akgül¹, Nuray Kanbur¹, Devrim Akdemir², İlhan Tezcan³, Deniz Nazire Çağdaş Ayvaz³, Orhan Derman¹

¹*Hacettepe University children hospital division of adolescent medicine*

²*Hacettepe University children hospital division of child and adolescent psychiatry*

³*Hacettepe University children hospital division of pediatric immunology*

8. A well-being landscape on Italian adolescents in the last decade: what is happening? Bersia Michaela^{1,2}, Charrier Lorena¹, Berchiolla Paola³, Comoretto Rosanna Irene¹, Dalmasso Paola¹.

¹ *Department of Public Health and Pediatrics, University of Torino, Via Santena 5 bis, 10126 Torino, Italy.* ² *Post Graduate School of Medical Statistics, University of Torino, Via Santena 5 bis, 10126 Torino, Italy.* ³

Department of Clinical and Biological Sciences, University of Torino, Regione Gonzole 43, 10043 Orbassano, Italy.



Youth Development Challenges in the post-COVID-19 era

E-Poster Presentations

Thursday, October 6th, 2022

22nd IAAH European Regional Conference

"Alkis Argyriadis" Amphitheatre/HALL A

18:00-19:00

E-Poster Presentations 1

Chairs: Maria Koukouvitaki, Androniki Stavridou

1. Hazards of excessive gaming in adolescents

Paraskevi Lampropoulou¹, Konstantinos Siomos², Georgios Floros³, Nikos Christodoulou².¹Aristotle University Medical School, Greece,²University of Thessaly Medical School, Greece,³2nd Department of Psychiatry, Aristotle University Medical School, Greece

2. Co-occurrence of addiction disorders and ADHD in youth Papanikolopoulos

Panagiotis¹, Samakouri Maria², Serdari Aspasia³, Sorvatzioti Demetra⁴¹Child and Adolescent Psychiatrist, Mobile Mental Health Unit, University General Hospital of Alexandroupolis, Greece²Professor of Psychiatry Democritus University of Thrace, Director of the University Psychiatric Clinic, Alexandroupolis University General Hospital, Greece³Associate Professor of Child Psychiatry Democritus University of Thrace, Director of the University Child Psychiatry Clinic, University General Hospital of Alexandroupolis, Greece⁴Associate Professor of Law, University of Nicosia, Cyprus

3. Development of an Online Intervention Programme (EduMind) For Mental Health Promotion Among Youths

Hazwa Harith, Nik Daliana Nik Farid, 'Abqariyah Yahya

Social and Preventive Medicine Department, Faculty of Medicine, University of Malaya, Jln Profesor Diraja Ungku Aziz, 50603 Kuala Lumpur, Malaysia

4. Questionnaires designed to measure the psychosocial consequences of COVID-19 pandemic in European countries: A systematic review.

Karra Maria, Kiagia Vasileia, Eleni Panagouli, Theodoros Sergentanis, Artemis Tsitsika

MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens, Greece.

5. Assessing COVID-19 vaccine hesitancy among adolescents in a multicultural setting using survey data and peer interviews

Krystelle Abalovi¹, Sanya Dalal², Kate Zinszer¹, Britt McKinnon¹¹University of Montreal²McGill University

"Alkis Argyriadis" Amphitheatre/HALL A

6. Adolescent mental health and covid-19 pandemic in 13 European and Asian countries.

Andre Sourander, Sonja Gilbert.

Turku University

7. A review of mobile health features for adolescents and young adults with cancer diagnosis.

Anna Sargianou, Amanta Karpathaki

MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens, Greece.

8. Implications of COVID-19, gendered technology and social norms on adolescent girls: a gender based violence study among adolescent girls from rural south India

Ambuja Kowlgi, Ashwini Pujar, Maithreyi Ravikumar, Satyanarayana

Ramanaik, Prakash Marpady, Sudeshna Dey, Harpreet Kaur, Apurva KH

Karnataka Health Promotion Trust, India

9. The 'shadow pandemic' and the violence trap: An assessment of intergenerational sustenance of violence among young women in rural India

Sudeshna Dey, Apurva K H, Maithreyi Ravikumar, Satyanarayana Ramanaik, .

Karnataka Health Promotion Trust, India

10. Evaluation of Greek version of the Pittsburgh Sleep Quality Index (PSQI) among Greek childhood cancer survivors.

Elissavet Koliouska¹, Emmanouel Hatzipantelis², Marina Economou³, Assimina Galli-Tsinopoulou², Kiriaki Kotsoglanidou⁴, Evgenia Papakonstantinou-Athanasiadou⁴, Athanasios Tragiannidis²

1 Postgraduate Course on Adolescent Medicine and Adolescent Health Care, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

2 Second Department of Paediatrics, AHEPA Hospital, Aristotle University of Thessaloniki, Thessaloniki, Greece

31st Department of Paediatrics, Ippokration General Hospital, Aristotle University of Thessaloniki, Thessaloniki, Greece

4Paediatric Oncology Department, Ippokration General Hospital, Thessaloniki, Greece

11. Clinical treatment of eating disorders in the covid and post-covid era.

Pinelopi Papadopoulou, Lila Papadopoulou, Rea Drymioti, Apostolos

Mermerelis, Ioanna Argyropoulou, Athanasios Ntanis, Sophia Serra, Aggeliki

Mpravou, Rosa Stathopoulou, Dora Charitaki, Anna Fountzoula, Chrysa

Daskalaki, Rafaela Makri

Day Center for Eating Disorders "ANASA"

12. No longer in the schoolyard: a comparative analysis among Mexico and Europe on the use of digital media to recruit minors for illicit activities.

David Ramírez Plascencia¹, Rosa María Alonzo González²

¹University of Guadalajara

²Autonomous University of Baja California



Youth Development Challenges in the post-COVID-19 era

“Kostis Palamas” Hall/HALL B

08:30-10:30

E-Poster Presentations 2

Chairs: **Melis Pehlivanurk Kisilkan, Melpomeni Peppa**

1. Bariatric Surgery in Obese Adolescents

Isaak Sason¹, Assimina Galli-Tsinopoulou², Theodossis Papavramidis²

¹Health Center of Makrakomi, Greece

²School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki

2. ‘Seroprevalence of HPV serotypes among male adolescents and young men’

A.Pardali¹, A. Tsitsika¹, N.F. Vlahos³, M. Tsolia¹, E. Panagouli¹, M. Koukouvitaki¹, T. N. Sergentanis^{1,3}

¹MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens, Greece

²2nd Department of Obstetrics and Gynecology, Aretaieion Hospital, National and Kapodistrian University of Athens, School of Medicine, Greece

³Department of Public Health Policies, University of West Attica, Athens, Greece

3. Very Low and Low Birth Weight of children and appearance of ailments and neurodevelopmental disorders during childhood.

Aletras Charis

MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens, Greece

4. Improving the comprehensive follow-up of adolescents with chronic diseases Alice Gondallier¹, Chantal Stheneur², Mariana Marin³

¹Louis Mourier Hospital, Colombes, France,

²Université de Versailles Saint Quentin en Yvelines, France,

³Rives de Seine Hospital, Neuilly sur Seine, France.

5. Siblings of children and adolescents with cancer

Eleni Vamvakopoulou, Georgia Pardalou .

National and Kapodistrian University of Athens, Greece.

6. Fragility of gender norms and outcomes for adolescent girls in the times of COVID-19 pandemic: Reflections on girls empowerment programs from south India Ashwini Pujar, Sudeshna Dey, Ambuja Kowlgi, Harpreet Kaur, Apurva KH, Prakash Marpady, Maithreyi R and Satyanarayana Ramanaik
Karnataka Health Promotion Trust

7. An Exploration of Volunteering as a Path to Healthy Youth Development Rehan

Devanjith Meemaduma, Kartini Booso

University of West London

“Kostis Palamas” Hall/HALL B

8. The effect of physical activity on lipid profile and body composition in youth with T1D

Kaza Maria¹, Tsentidis Charalambos², Vlachopapadopoulou Elpis³, Sakou Ikboule¹, Karanasios Spyridon¹, Mastorakos George⁴, Karavanaki Kyriaki¹.

¹Diabetes and Metabolism Unit, ²nd Department of Pediatrics, National and Kapodistrian University of Athens, “P&A Kyriakou” Children’s Hospital, Athens, Greece.

²Department of Endocrinology, Metabolism & Diabetes Mellitus, General Hospital of Nikaia - Piraeus “Agios Panteleimon”,

³Department of Endocrinology Growth and Development, “P&A Kyriakou” Children’s Hospital, Athens, Greece.

⁴Endocrine Unit, National and Kapodistrian University of Athens, “Areteiaion” Hospital, Athens, Greece.

9. Obesity without insulin resistance in an adolescent with cowden syndrome

Aikaterini Vourdoumpa¹, Diamanto Koutaki¹, George Paltoglou¹, Ioanna Bakopoulou¹, Elena Fryssira², Evangelia Charmandari¹

¹Division of Endocrinology, Metabolism and Diabetes, First Department of Pediatrics, National and Kapodistrian University of Athens Medical School, ‘Aghia Sophia’ Children’s Hospital, Athens, Greece

²Division of Medical Genetics, National and Kapodistrian University of Athens Medical School, ‘Aghia Sophia’ Children’s Hospital, Athens, Greece

10. Gut microbiota dysbiosis in adolescent girls with Polycystic Ovary Syndrome (PCOs): a systematic review.

Vasiliki-Regina Tsinopoulou¹, Flora Bacopoulou², Evangelia Ntzani³, Athanasios Christoforidis⁴

¹Postgraduate Course on Adolescent Medicine and Adolescent Health Care, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

²Center for Adolescent Medicine and UNESCO Chair in Adolescent Health Care, ¹st Department of Paediatrics, Medical School, National and Kapodistrian University of Athens, Athens, Greece ³Department of Hygiene and Epidemiology, School of Medicine, University of Ioannina, Ioannina, Greece ⁴¹st Department of Paediatrics, Ippokration General Hospital, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

11. Current practices in health care of Cerebral Palsy in Greece: Transition from childhood to adulthood. A preliminary study

Christina Karela¹, Agori Kazakou¹, Vasiliki Detsi², Eleni Kornarou¹, Pantelis Stathis², Department of Public Health Policy, University of West Attica

² Cerebral Palsy Greece-Open Door, Argyroupolis, Athens

12. Gynecomastia in adolescents

Demet Aygun Ari, Semra Cetinkaya.

Dr. Sami Ulus Maternity and Child Health and Diseases Training and Research Hospital, Ankara

13. Two cases of perniosis in teenagers with Anorexia Nervosa

Eleni Panagouli, Athanasios Tsaraklis, Athanasios Thirios, Artemis Tsitsika

MSc Program “Strategies of Developmental and Adolescent Health”, Medical School of Athens, National and Kapodistrian University of Athens, Greece.



Youth Development Challenges in the post-COVID-19 era

“Kostis Palamas” Hall/HALL B

- 14. HNF1B-MODY with extrapancreatic manifestations in an adolescent male**
 Aikaterini Vourdoumpa, Diamanto Koutaki, Ioannis-Anargyros Vasilakis,
 George Paltoglou, Ioanna Bakopoulou, Amalia Sertedaki, Evangelia Charmandari
Division of Endocrinology, Metabolism and Diabetes, First Department of Pediatrics, National and Kapodistrian University of Athens Medical School, ‘Aghia Sophia’ Children’s Hospital, Athens, 11527, Greece
- 15. Juvenile Systemic Lupus Erythematosus and thyroid dysfunction**
 Stella Bourtzou, Evdoxia Sapountzi, Assimina Galli-Tsinopoulou.
School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki
- 16. Knowledge and Practice of Food label information among adolescents of Vijayapura, India.**
 Chandrika Doddihal, Shailaja Patil, Sakshi Patil.
BLDE University, Shri.B.M.Patil Medical College, Vijayapura, Karnataka, India
- 17. Gender differences in health behaviours, knowledge and attitudes of adolescents in Armenia**
 Yeva Movsesyan, Marina Melkumova, Sergey Sargsyan
ARABKIR Medical Center-Institute of Child and Adolescents Health, Armenia
- 18. Psychological and Emotional Factors of School Refusal in Kindergarten or Elementary: A systematic Review of the 20 last years**
 Anastasia Kourti^{1,2}, Amanta Karpathaki², Stephanos Vassilopoulos¹.
*¹Department of Educational Sciences and Social Work, University of Patras, Greece,
² MSc Program “Strategies of Developmental and Adolescent Health”, Medical School of Athens, National and Kapodistrian University of Athens, Greece.*
- 19. A snap shot of School food environment in perspective of Covid-19 from South of India**
 Shailaja Patil, Chandrika Doddihal, Tejaswi Jakkepally.
BLDE University
- 20. The role of supervision in cognitive behavioral therapy of eating disorders** Vasiliki Ioanna Tzanne, Fragkiskos Gonidakis, Christina Zourna, Alexandros Georgoulis, Liza Mavromara
National and Kapodistrian University of Athens
- 21. Three vs. five minutes cell phone effect on the heart rate variability of adolescents**
 Styliani Geronikolou^{1,2} and George Chrousos^{1,2}
*¹Clinical, Translational and Experimental Surgery Research Centre, Biomedical Research Foundation, of the Academy of Athens, Athens, Greece, 11527 Athens, Greece
² University Research Institute for Maternal and Child health and Precision Medicine, Athens Greece*
- 22. Cross-Cultural adaptation of “Attitudes related to trauma-informed care” ARTIC-35 scale in primary and secondary educators in Attica**
 Koulouvari Areti-Dimitra, Dimitrakaki Christina, Kolaitis Gerasimos, Sakellari Evanthia, Lagiou Areti
Laboratory of Hygiene and Epidemiology, Department of Public and Community Health, School of Public Health, University of West Attica

“Kostis Palamas” Hall/HALL B

23. Breastfeeding and the risk of cancer in childhood and adolescence.

Eleni Maria Totorou, Vasiliki Volikaki.

MSc in Strategies of Developmental and Adolescent Health, Medical School, National and Kapodistrian University of Athens

24. COVID-19 Vaccination for French Adolescents

Roxane Meurillon, Marie Guirguis, Mariana Marin.

Rives de Seine Hospital, Neuilly sur Seine, France

25. Serum Concentrations of Hepatokines in Adolescents with Polycystic Ovary Syndrome

Aikaterini Giannouli¹, Vasiliki Efthimiou¹, Dionysia Lampropoulou¹, Despoina Apostolak¹, Leon Aravantinos² Efthimios Deligeoroglou³, Flora Bacopoulou¹

¹Center for Adolescent Medicine and UNESCO Chair in Adolescent Health Care, First Department of Pediatrics, School of Medicine, National and Kapodistrian University of Athens, Aghia Sophia Children's Hospital,

²2nd Department of Obstetrics and Gynecology-Aretaieion Hospital, National and Kapodistrian University of Athens

³Department of Pediatric & Adolescent Gynecology, Mitera Children's Hospital

26. Parents perception of symptoms alterations in children with ASD, ADHD and SLDs during COVID-19 QUARANTINE in GREECE

Effrosyni Tsekoura

Asklepieion General Hospital

27. High Birth Weight and Non-Neoplastic Diseases and Entities

Chrysovalanti Christodoulou and Theodoros N Sergeantanis

MSc in Strategies of Developmental and Adolescent Health, Medical School, National and Kapodistrian University of Athens

28. New age limits set new needs in Pediatric Intensive Care Unit. Self-destructive behavior; A Retrospective study.

Maria Katsafiloudi, Peristera Mantzafleri, Kalliopi Kappou, Evangelia Karaïskou, Eleni Karakeke, Asimina Violaki, Eleni Volakli, Maria Sdougka

PICU Ippokrateio Hospital of Thessaloniki

29. Self-Administration of Medicines at School by Students Living with Medical Conditions

Nicola Gray, Mariam Al-Sallami, Charlotte Cunningham, Maream Hadi, Nikola Janowska, Marinela Lazri, Farah Saleem

University of Huddersfield, UK

30. Cross-sectional study on assessment of risk perception and coping strategies of covid-19 among adolescents in Nigeria

Taiwo Ajike, Iteoluwakiishi Olawumi, Kikelomo Adubi, Motunrayo Ariyo

Child Development and Family Studies Unit, Department of Home Science and Management, Federal University of Agriculture Abeokuta, Ogun State Nigeria.

*Youth Development Challenges in the post-COVID-19 era***Friday, October 7th, 2022****22nd IAAH European Regional Conference****Great Hall / Main Hall****08:00-09:00****E-Poster Presentations 3**Chairs: **Danielle Jansen, Siljia Kosola**

1. **Developing a transfer program in collaboration with young patients, parents and health care professionals**
Ena Lindhart Thomsen, Bente Appel Esbensen, Signe Hanghøj, Helena Hansson, Kirsten Boisen
Copenhagen University Hospital, Copenhagen University Hospital, Copenhagen University Hospital, Copenhagen University Hospital
2. **Advocacy for the Implementation of Mental Health Assessment and Support in Healthcare Transition for Adolescents with Chronic Conditions**
Maxime Morsa.
Université Sorbonne Paris Nord
3. **Educational intervention program in Greek pre-adolescents concerning routine vaccination**
Athanasios Thirios
MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens, Greece
4. **Distinctiveness of adolescents care through case studies**
Maria Ovezik, Apostolia Stampouli, Eleni Sakellari, Styliani Giza, Stergianna Douma, Assimina Galli-Tsinopoulou
2nd Department of Paediatrics, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, AHEPA University General Hospital, Thessaloniki, Greece
5. **Evaluation of psychotic symptoms in childhood and adolescence**
Panagiotis Papanikolopoulos¹, Maria Samakouri², Serdari Aspasia²
¹Mobile Mental Health Unit, University General Hospital of Alexandroupolis, Greece
²Democritus University of Thrace, Psychiatric Clinic, Alexandroupolis University General Hospital, Greece
6. **How did Parisian students with disabilities experience Covid-19 ? An exploratory qualitative study**
Alice Weil¹ and Thomas Pernin²
¹Henri Mondor University Hospital, Creteil, France,
²Fondation sante des etudiants de France, French Foundation for students health

Great Hall / Main Hall

- 7. A start for coordinated actions aiming adolescents / young adults living and studying next to the Sorbonne via a territorial professional health community: the example of CPTS Paris 5 as a french public health perspective**

Thomas Pernin

Fondation sante des etudiants de France, French Foundation for students health

- 8. Towards fair funding for adolescent and young adult medicine in outpatient settings: the example of an innovative project at the Centre de Santé Colliard FSEF Paris 5 via the « Article 51 » in France**

Thomas Pernin

Fondation sante des etudiants de France, French Foundation for students health

- 9. Juvenile delinquency – The role of “psychopathy” traits**

Panagiotis Papanikolopoulos¹, Kalliopi Kappou², Maria Samakouri³, Aspasia Serdari⁴

¹Mobile Mental Health Unit, University General Hospital of Alexandroupolis

²Pediatric Intensive Care Unit, Hippokration General Hospital of Thessaloniki

³Democritus University of Thrace, Psychiatric Clinic, Alexandroupolis University General Hospital

⁴Democritus University of Thrace, Child Psychiatry Clinic, University General Hospital of Alexandroupolis

- 10. The contribution of religiosity in the mental health of young people** Panagiotis Papanikolopoulos¹, Maria Samakouri², Aspasia Serdari³, Kaprinis Stergios⁴

¹Mobile Mental Health Unit, University General Hospital of Alexandroupolis, Greece

²Democritus University of Thrace, Psychiatric Clinic, Alexandroupolis University General Hospital, Greece

³Democritus University of Thrace, Child Psychiatry Clinic, University General Hospital of Alexandroupolis, Greece

⁴2nd Psychiatry Department, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece

- 11. EFFECTIVENESS OF A VIDEO-BASED PSYCHOEDUCATIONAL PROGRAMME IN IMPROVING DEPRESSION LITERACY AMONG UNIVERSITY STUDENTS: A RANDOMISED CONTROLLED TRIAL**
Mohd Zahiruddin Mohd Khairi¹. Abqariyah Yahya¹. Nik Daliana Nik Farid¹. Rafidah Aga Mohd Jaladin²

¹Department of Social and Preventive Medicine, Faculty of Medicine, University of Malaya, Jln Profesor Diraja Ungku Aziz, Kuala Lumpur, Malaysia.

²Department of Educational Psychology and Counselling, Faculty of Education, University of Malaya, Jln Profesor Diraja Ungku Aziz, Kuala Lumpur, Malaysia.

- 12. Play Therapy as Intervention for School Refusal in Children and Adolescents: A systematic review**

Anastasia Kourti^{1,2}, Charalampos Gourzis³, Amanta Karpathaki², Stephanos Vassilopoulos¹.

¹Department of Educational Sciences and Social Work, University of Patras,

²MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens, Greece

³Open University of Greece (MSc student),



Youth Development Challenges in the post-COVID-19 era

"Alkis Argyriadis" Amphitheatre/ Hall A

18:00-19:00

E-Poster Presentations 4

Chairs: Spyros Michaleas, Anna Pardalis

1. **Comprehensive Sexuality Education; Is there one size that fits all?**
Mamdouh M. Wahba,
The Egyptian Society for Adolescent Medicine, Cairo, Egypt
2. **Children's Rights Through Greek Art**
Eleni Papamichalaki
1st Junior High School of Petroupoli
3. **Eating disorder visits increase among adolescents during the COVID-19 pandemic**
Sinem Akgül, Şeyma Torun, Hande Çınar, Melis Pehlivan Türk Kızılkın, Orhan Derman
Hacettepe University
4. **Postpartum depression and ADHD in the offspring: Systematic Review and Meta-analysis**
Vasileia Christaki, Ioanna Ismirnioglou, Asimina Katrali, Eleni Panagouli, Efthalia Tzila, Loretta Thomaidis, Theodora Psaltopoulou, Theodoros N. Sergentanis, Artemis Tsitsika
MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens, Greece
5. **Physical Activity of Children and Adolescents: A Systematic Review of Studies in Greece**
Charalampos Krommidas ^{1,2}, Katerina Haidopoulou, ^{2,3}, Fotios Kyrvasilis ⁴, Assimina Galli-Tsinopoulou ^{2,3}
¹ Department of Physical Education & Sport Science, University of Thessaly
² Postgraduate Program Adolescent Medicine and Health Care of Adolescents
³ 2nd Department of Pediatrics School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki
⁴ 3rd Department of Pediatrics School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki
6. **AN ADOLESCENT PATIENT WITH GITELMAN SYNDROME, OBESITY, AND INSULIN RESISTANCE**
Aikaterini Vourdoumpa, Diamanto Koutaki, Eleni Ramouzi, George Paltoglou, Ioanna Bakopoulou, Evangelia Charmandari
Division of Endocrinology, Metabolism and Diabetes, First Department of Pediatrics, National and Kapodistrian University of Athens Medical School, 'Aghia Sophia' Children's Hospital, Athens, Greece

"Alkis Argyriadis" Amphitheatre/ Hall A**7. French Young Professionals in Adolescent Health Network : a Paediatric Residents' Initiative**

Guillaume Groffe, Mariana Marin, Nour Ibrahim

*APHP, CH Rives de Seine, CESP***8. Disorders of Sex Development and Social Stigma in 21st Century: A Pilot Study**Kalliopi Kappou¹, Myrto Ntougia², Panagiotis Papanikolopoulos³, Zacharoula Karampouta⁴¹*Hippokration General Hospital of Thessaloniki,*²*2nd TOMY, Ioannina*³*Mobile Mental Health Unit of University Hospital of Alexandroupolis,*⁴*Pediatric Department of AHEPA Hospital, Thessaloniki.***9. Youth friendly health services in Greece**Androniki Stavridou^{1,2}, Eleni Panagoulis², Artemis Tsitsika².¹*Hellenic Army Academy*²*MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens, Greece***10. MATERNAL MID-UPPER ARM CIRCUMFERENCE AS A PREDICTOR OF LOW BIRTH WEIGHT OUTCOME AMONG NEWBORN DELIVERIES OF ADOLESCENTS IN A TERTIARY LEVEL HOSPITAL**

Avegail Cardinal, Ma. Emma Alesna-Llanto, Vanessa-Maria Torres-Ticzon

*Baguio General Hospital and Medical Center, UP Philippine General Hospital, UP Philippine General Hospital, .***11. Puberty in boys with type 1 Diabetes Mellitus: what changed?**Vasiliki-Regina Tsinopoulou¹, Georgia Sotiriou², Eleni Sakellari¹, Meropi Dimitriadou², Assimina Galli-Tsinopoulou¹, Athanasios Christoforidis²¹*2nd Department of Paediatrics, AHEPA General Hospital, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece*²*1st Department of Paediatrics, Ippokration General Hospital, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece***12. Prevalence of Medication Non-adherence among Sickle Cell Disease Adolescents in Nigeria**Patience T Ajike¹, Kofoworola I Adediran², Olorunyomi Felix Olorunsogbon³, Taiwo R Kotila⁴¹*Department of Home Science and Management, Federal University of Agriculture, Abeokuta, Nigeria*²*Institute of Child Health, College of Medicine University of Ibadan, Nigeria*³*Department of Health Promotion and Education, Faculty of Public, College of Medicine, University of Ibadan.*⁴*Department of Haematology, College of Medicine, University of Ibadan*

-



Youth Development Challenges in the post-COVID-19 era

SPONSORED SESSIONS

Thursday, October 6th, 2022

22nd IAAH European Regional Conference

15th STATE OF THE ART Adolescent Health/Congress
Greek Society of Adolescent Medicine (G.S.A.M.)

“Kostis Palamas” Hall/HALL B

16:00-17:00

Sponsored Session/ Need for action to prevent obesity in youth

Kindly Sponsored by Novo

Chairs: Andromachi Vryonidou - Bompota, Yannis Manios

Speakers:

Overweight and obesity conditions in youth

Evangelia Charmandari

Obesity in adolescence: The role of clinical assessment, ethical family interventions and management of obesity

Maria Karatza-Charoni

Youth Council Participation: Vasia Danihl



Youth Development Challenges in the post-COVID-19 era

Friday, October 7th, 2022

22nd IAAH European Regional Conference

15th STATE OF THE ART Adolescent Health/Congress
Greek Society of Adolescent Medicine (G.S.A.M.)

Great Hall / Main Hall

13:00-13:30

Sponsored Session - *Kindly Sponsored by MSD*

Newer Perspectives on Prevention of HPV Related Diseases for Boys and Girls

Artemis Tsitsika

Chairs: **Dimitrios Kafetzis**

List of Chairs & Speakers

Theodoros Agorastos

Professor Emeritus of Obstetrics and Gynecology, Aristotle University of Thessaloniki, President of Hellenic HPV Society, Greece

Elisabeth Andrie

MD, PhD, Pediatrician, Academic Fellow, Department of Public and Community Health School of Public Health, University of West Attica, MSc “Strategies of Developmental and Adolescent Health”

Alexandros Stamatios Antoniou

Professor of Psychology, Chair of the MSc “Special Education and Training”, National and Kapodistrian University of Athens, Greece

Kirsten Arntz Boisen

MD, PhD, Pediatrics, Copenhagen University Hospital, Denmark

Lilian Athanasopoulou

Child-Adolescent Psychiatrist, Scientific Head of the Medical-Pedagogical Center General Hospital “G. Papanikolaou”, Thessaloniki, Greece

Rubén Ávila Rodríguez

PhD, Policy & Research Manager, The International Lesbian, Gay, Bisexual, Transgender, Queer and Intersex Youth & Student Organisation (IGLYO)

Flora Bacopoulou

Associate Professor of Pediatrics-Adolescent Medicine, Head of Center for Adolescent Medicine, UNESCO Chair in Adolescent Health Care, 1st Dept of Pediatrics, School of Medicine, National and Kapodistrian University of Athens, “Aghia Sophia” Children’s Hospital, Greece

Valentina Baltag

Unit Head, Adolescent and Young Adult Health, Department of Maternal, Newborn, Child & Adolescent Health & Ageing, World Health Organization

Anastasia Barbouni

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Vassiliki Benetou

Pediatrician, Professor of Hygiene and Epidemiology, Department of Hygiene, Epidemiology and Medical Statistics, School of Medicine, National and Kapodistrian University of Athens (NKUA), Greece

Makhabbat Boranbay

Communication Specialist, UyatEmes.kz youth media

Dimitrios Boumbas

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Vassiliki Boumba

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Joao Breda

PhD, MPH, MBA, WHO, Athens Quality of Care and Patient Safety Office & Special Adviser for the Regional Director, Division of Country Health Policies and Systems, WHO Greece

Maria Brenner

Full Professor of Children's Nursing, University College Dublin, Ireland

Lourdes Cantarero-Arevalo

Associate Professor, University of Copenhagen, Faculty of Health and Medical Sciences

Evangelia Charmandari

MD, MSc, PhD, MRCP(UK), CCST(UK), Professor of Pediatrics - Pediatric and Adolescent Endocrinology, National and Kapodistrian University of Athens School of Medicine, 1st Dept of Pediatrics, “Aghia Sophia” Children’s Hospital, Greece

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Youth Development Challenges in the post-COVID-19 era

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Senior Programme Specialist & Team Leader,
Section for Health & Education, UNESCO

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Advisor of the Breast Unit of the Italian speaking
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Konstantinos Daloukas

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Freelance Pediatricians of Attica, Greece

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Panagiota Diamantopoulou

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Public Health Doctor, Invited Lecturer in Public
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Nina Ferencic

Senior Adviser on YP Health and Development,
UNICEF

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Michalis Kaelides

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Teachers4Europe"

Legal Entity Appointed Representative (LEAR) for the Erasmus+

General Directorate for International, European Affairs, Education for Hellenic Diaspora & Intercultural Education, Hellenic Ministry of Education and Religious Affairs

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Emmanouil Pikoulis

Dean of School of Health Sciences, Professor & Chairman of the 3rd Department of Surgery, "Attikon" University General Hospital, School of Medicine, National and Kapodistrian University of Athens, European Jean Monnet Chair in Humanitarian medicine and response in action (2020-2023)

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Eleftheria Roma

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Emmanuel Roilidis

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Developmental Pediatrics, School of Medicine of the
University of Thessaly, Greece

Chara Spiliopoulou

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