

The Health Promoting School

The current situation in SHE member countries

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Aim of the SHE monitoring 2020 project

1. Implementation of school health promotion and the formal HPS approach
2. How do schools balance on the HPS spectra
3. Perceived barriers and facilitators of implementation

School health promotion

This relates to various health promotion activities in schools. These activities can focus on multiple health-related themes such as physical activity and mental health, for example in the curriculum or in the policy of the school. This can, but does not necessarily, imply that the school has a structured and systematic plan according to the principles of a formal health promoting school.

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Formal health promoting school approach

Schools that implement a structured and systematic plan for the health, well-being and the development of social capital of all pupils and of teaching and non-teaching staff. This is characterized as a 'whole school approach' and these schools actively involve pupils, staff and parents in the decision-making and implementation of health promoting interventions in the whole school system.

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Methods

Questionnaire among *national HPS coordinators*

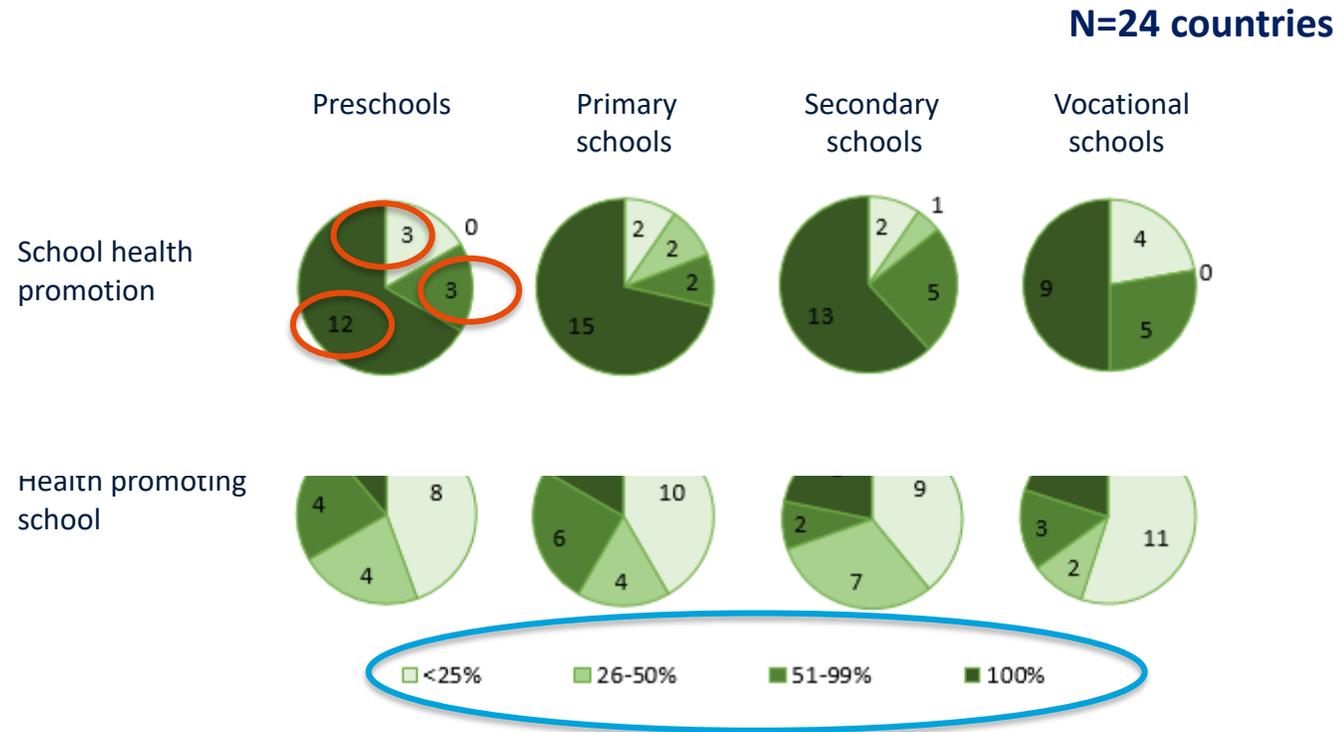
September-October 2020

Response: 24 out of 40 countries

Participating countries and regions (n=24)

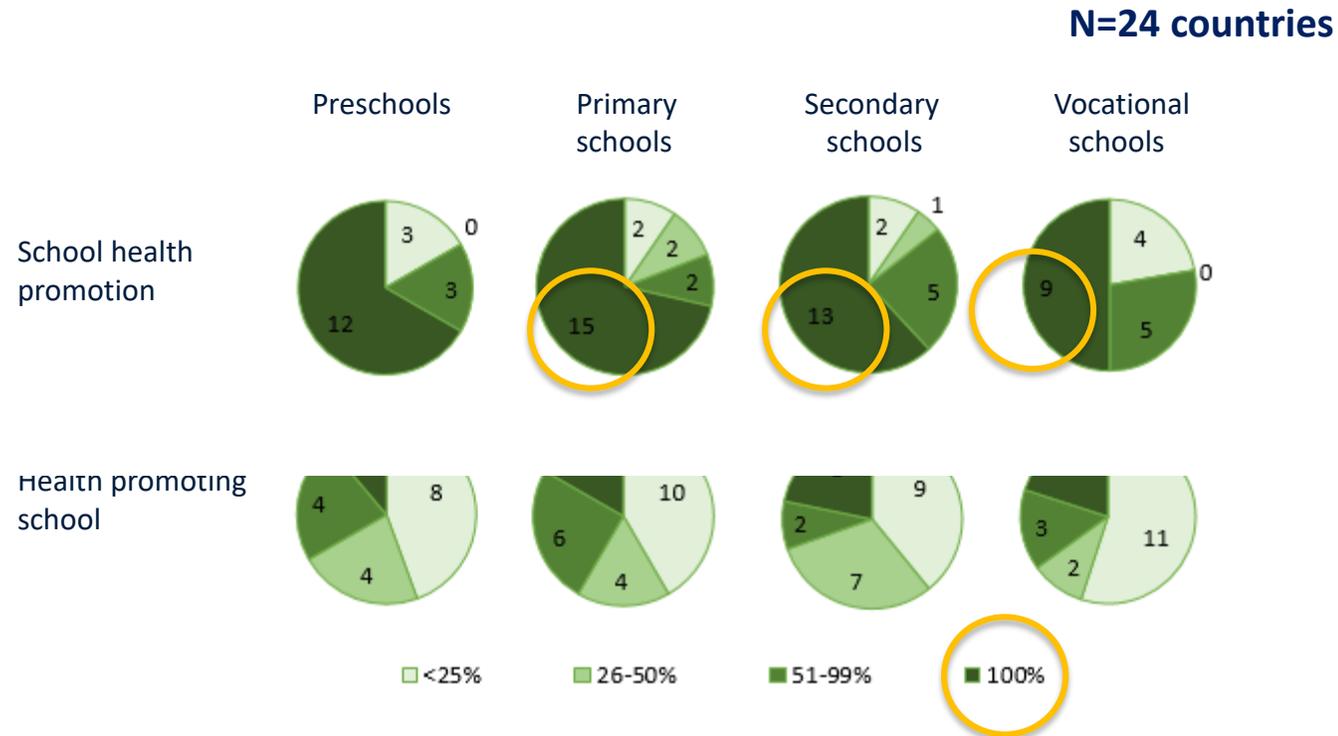
Armenia	Denmark	Hungary	Lombardy region Italy	Lithuania	North Macedonia	Portugal	Sweden
Austria	Estonia	Iceland	Friuli region Italy	Moldova	Norway	Russian federation	Switzerland
Azerbaijan	Greece	Ireland	Latvia	Netherlands	Poland	Slovenia	Wales

Estimated % of schools involved in School health promotion



Bartelink, N., Bessems, K., & Prevo, L. (2020). SHE monitoring report 2020: Overall report of the SHE member countries. Schools for Health in Europe Network Foundation (SHE), Haderslev, Denmark.

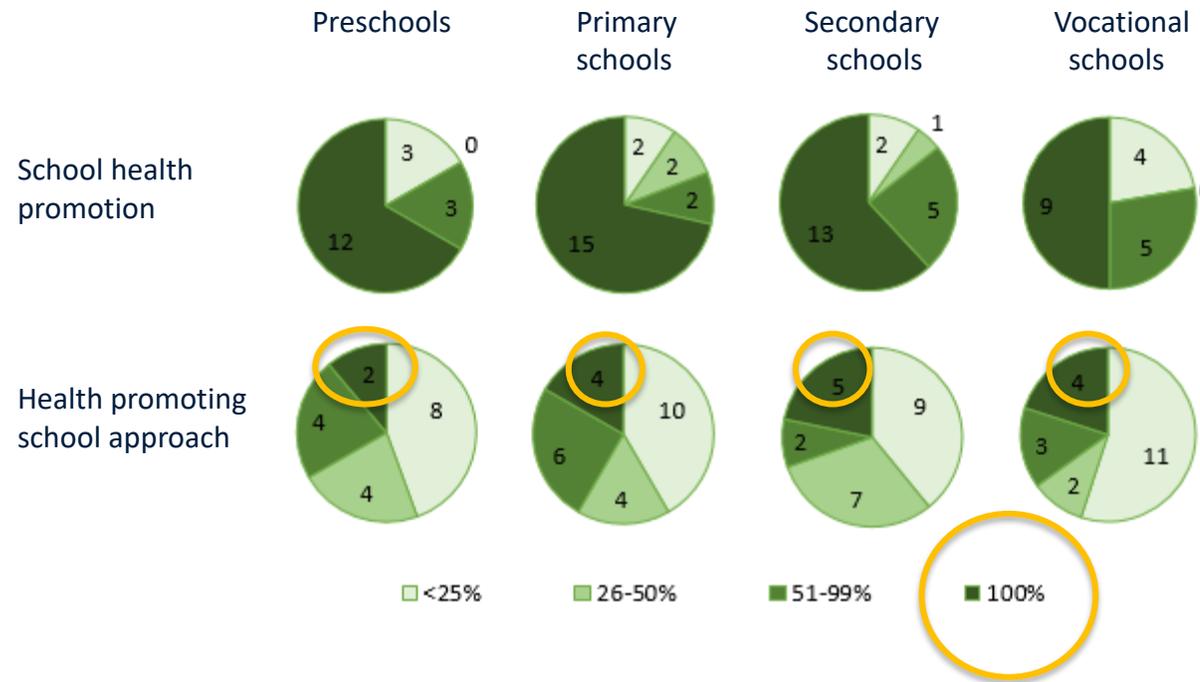
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Estimated % of schools involved in School health promotion and the Health promoting school approach

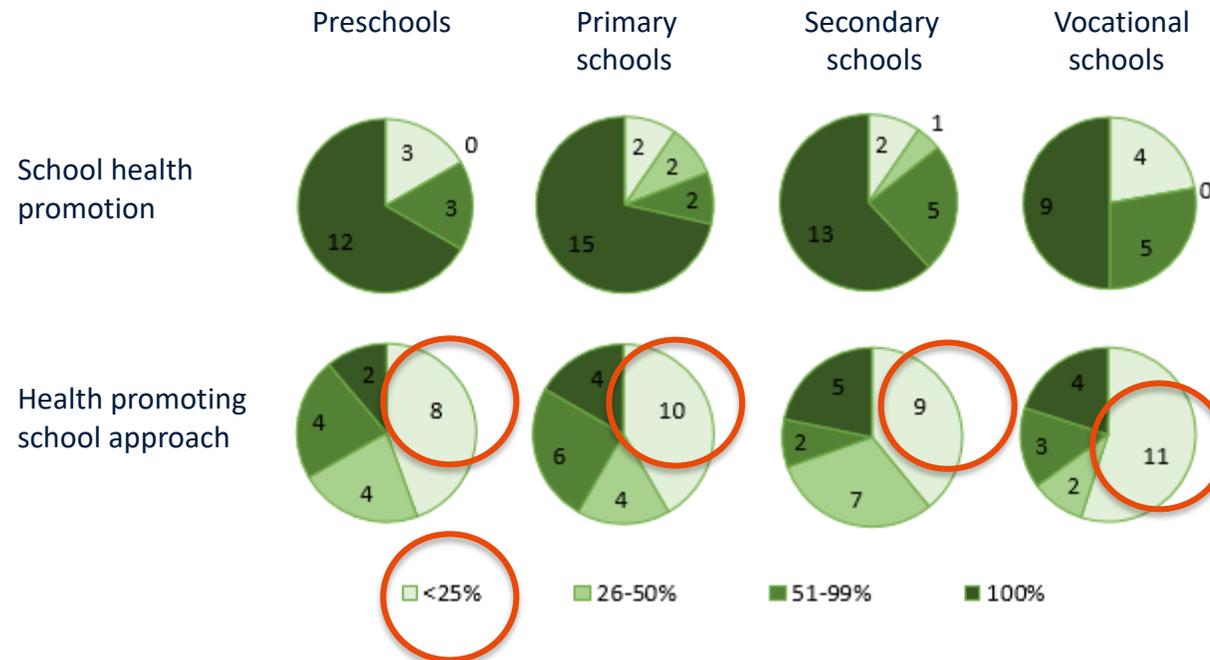
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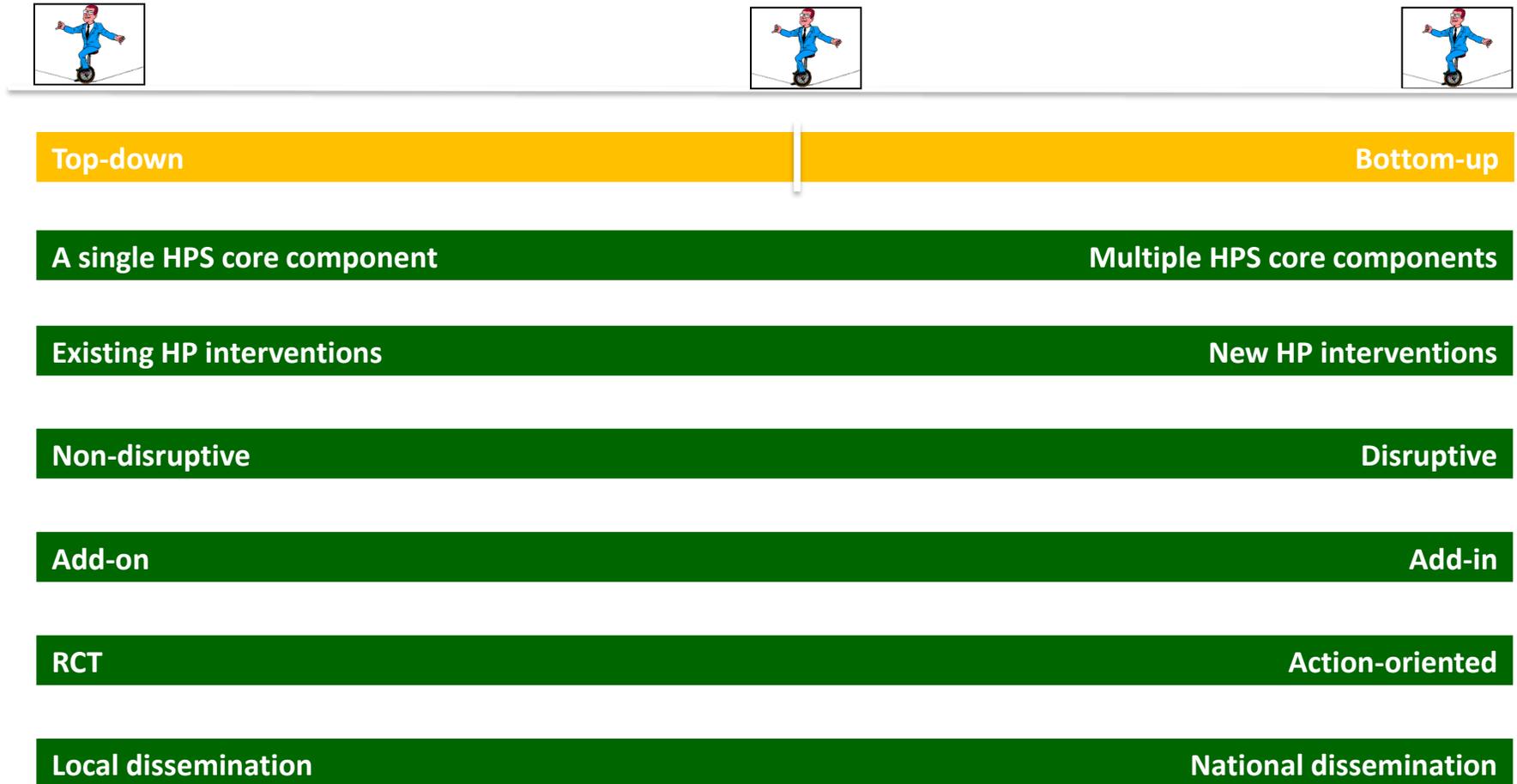
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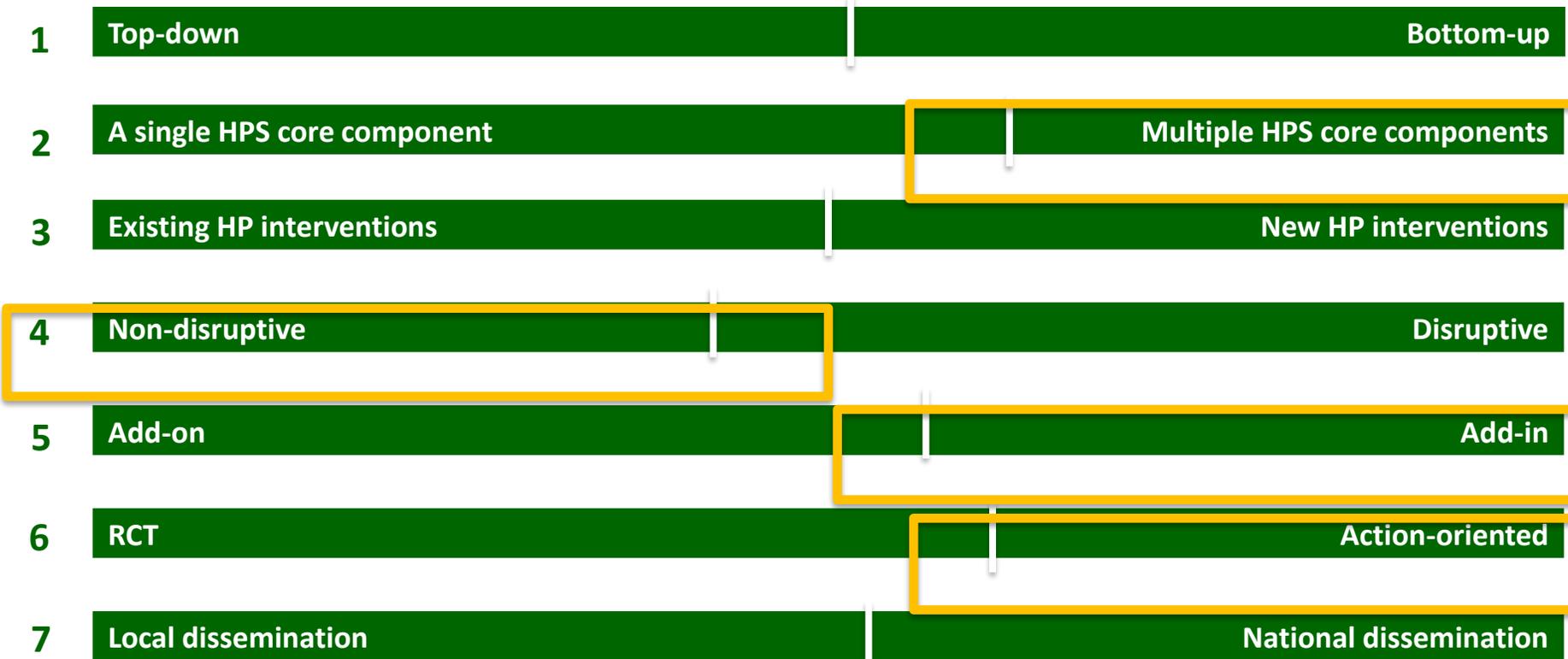


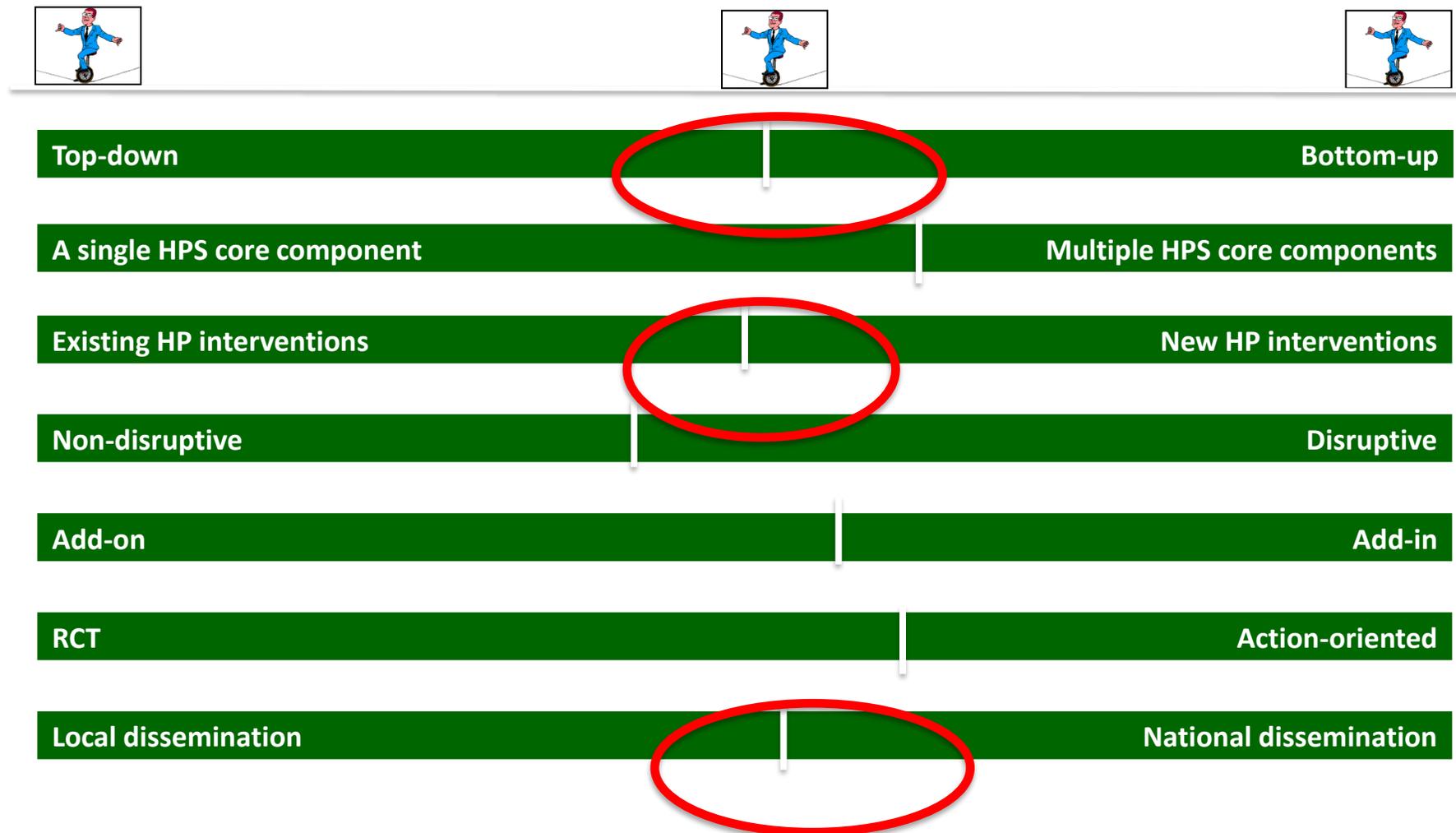
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1	Top-down	Bottom-up
2	A single HPS core component	Multiple HPS core components
3	Existing HP interventions	New HP interventions
4	Non-disruptive	Disruptive
5	Add-on	Add-in
6	RCT	Action-oriented
7	Local dissemination	National dissemination







Facilitators for school health promotion	Barriers for school health promotion
National level	National level
Within schools	Within schools
Support from health promotion	Support from health promotion

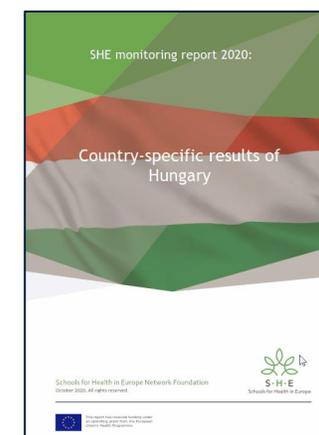
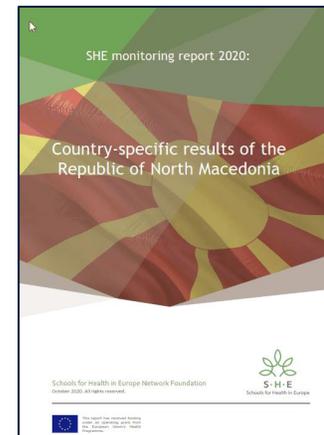
Facilitators for school health promotion	Barriers for school health promotion
<p>National level</p> <ul style="list-style-type: none"> • Collaboration between the health and education sectors • Supporting national educational policies and curriculum • Working with health and well-being is mandatory 	<p>National level</p> <ul style="list-style-type: none"> • Limited funding • Coordination of HP at schools not funded • Good practices insufficiently defined
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<p>Support from health promotion</p> <ul style="list-style-type: none"> • Education training and support for healthy school coordinators • Exchange of good practices 	<p>Support from health promotion</p> <ul style="list-style-type: none"> • No local support

Conclusion

- Huge differences between and within countries
- Support for SHP and HPS in each specific country
- Combination of factors at multiple levels



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Thank you!

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